

EXTENSION ACTIVITY REPORT 2022-2023







Sr No.	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities	Number of teachers participated in such activities
1	World Breastfeeding Week	SMES.SSPG.CON with Nowrojee Wadia Maternity Hospital	25	3
2	World Nutrition Month (Poshan maah, donation)	SMES.SSPG.CON with Sharaddhaben Mahilashram Matunga	39	2
3	World Mental Health Day(health talk sion opd, webinar)	SMES.SSPG.CON with Lokmanya Tilak Municipal General Hospital	132	25
4	World Polio Day(vaccination drive)	SMES.SSPG.CON with Matunga, Wadala Vangani Primary Health Care Center	62	1
5	World Diabetes Day(skit/Role play)	SMES.SSPG.CON with Lions Club of Sion	36	2
6	World AIDS Day(skit/red ribben activity)	SMES.SSPG.CON with Mumbai Districts Aids Control Society	35	2
7	Beach Cleaning Drive(Reti Bander, Mahim Beach clean)	SMES.SSPG.CON with United Way	40	1
8	World Leprosy Day(Role play)	SMES.SSPG.CON with Dharavi Health Post	75	1
9	World Cancer Day(Skit/ Rally)	SMES.SSPG.CON with Dharavi Health Post	75	1
10	World Tuberculosis Day	SMES.SSPG.CON with Group of Tuberculosis Hospital, Sewri	20	2
11	World Nature Conservation Day	SMES.SSPG.CON with vasundhara Green Club	75	1
12	Blood donation Camp	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	5	2
13	World No-Tobacco Day(pledge taking) Nasha Mukt Abhiyaan	SMES.SSPG.CON	20	55







14	Beach Cleaning Drive(Cleaning And Plantation Drive)	SMES.SSPG.CON withSt.Mary's JSO Church, Naigaon	40	1
15	World Heart Day	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	39	3
16	Dakshaben Pathak Memorial health camp	SMES.SSPG.CON with Lions Club of Sion	15	2
17	School Health programme	SMES.SSPG.CON with PHC, Nirmal katkari pada	37	1
18	Health Camp	SMES.SSPG.CON with PHC, Nirmal katkari pada	37	1
19	Health related and Entertainment programme to Gediatrics Inmates	SMES.SSPG.CON with Shri. Manav Seva Sangh Matunga	8	1
20	Health related and Entertainment programme to orphnage home	SMES.SSPG.CON with Shri. Manav Seva Sangh Matunga	8	1







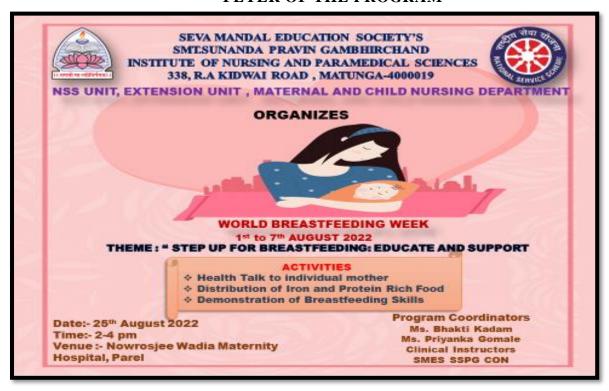
REPORT ON CELEBRATION OF BREAST FEEDING WEEK

Date: 25th August 2022

Venue: Nowrosjee Wadia Maternity Hospital,

Participants:25 Students

FLYER OF THE PROGRAM



The NSS Unit, Extension unit of our college had organized breastfeeding week at Nowrosjee Wadia Hospital, Parel on 25th August 2022 from 2pm to 4pm onwards. Our ANM Nursing 10 students and B.Sc Nursing 15 students and 3 teaching faculty had accompanied for the same. Students have given one to one health talk for individual mothers regarding breastfeeding techniques, advantages of breastfeeding, diet to be taken during post-natal period. They also distributed chikki and banana to the post-natal mothers.







GLIMPSES OF THE PROGRAM





STUDENTS GIVING HEALTH TALK TO MOTHERS





STUDENTS DISTRIBUTING CHIKKI AND BANANA





FEEDBACK

मेरा जाम यंज् जयस्ताल हैं।
में वाडिया ध्रमपाल में भ्रमी हु
मड़ी दी दिन लड़की हैं
ध्रमारी सिस्टर दिही ने हमें ध्रतनपान के बारे
में जानकारी की और हमें केला और चिक्की की जिसे हमें बहुत आरे फायदे होंगे, ते में अनकी बहुत शुक्र गुजार हैं।

FEEDBACK FROM POST NATAL MOTHER

I Mrs Natini Nursing Education at Nowrosjee wadia Hospital parel. Being a Maternity Hospital we morely pocused on patients Diet tygiene etc. By conducting this activity by SMCS SSP4 College of Hursing Students was very usefull for the moth postnatal mothers, On behalf of our hospital I thank the Pruncipal, when Vice Principal, faculty and students

___ Thank you.

FEEDBACK FROM NURSE EDUCATOR OF NOWROSJEE



Principal
Sext. Sunanda Prayin Gambhirchand
College of Nursing
338, H. A. Kidwai Road,
Matunga, Mumbai - 400 019.



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15	Kalel nisha bhikaji	Hishastale
16	Kamble Komal Milind	(Kamer)
17	Kamble snehal Indrajit	Sombode
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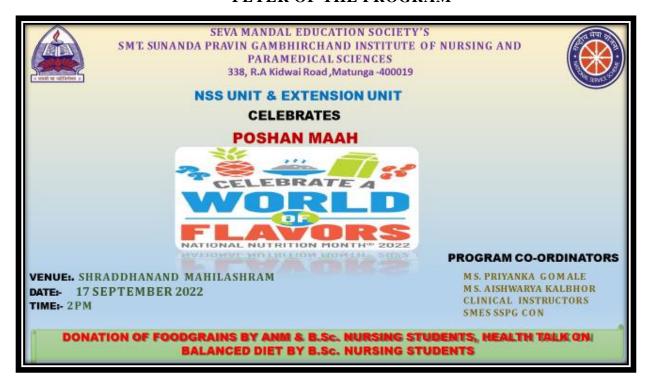
REPORT ON POSHAN MAAH

Date: 17TH SEPTEMBER 2022

Venue: SHRADDHANAND MAHILASHRAM, MATUNGA

Participants: 39 FIRST YEAR BASIC B.SC STUDENTS & 2 TEACHERS

FLYER OF THE PROGRAM



The Extension unit and NSS unit of our college had organized "POSHAN MAAH" on behalf of National Nutrition Week on 17th September 2022 at 2:00 pm. We donated Pulses, Grains and other nutritional Grocery items, with the money collected by our students to Shraddhanand Mahilashram, Matunga. Along with donation our 1st year Basic B.Sc. students given health talk on Balance diet and importance of nutrition in human body. The group understood and acknowledged the same. The group and present faculty members were so happy after receiving the donation.







TOTAL AMOUNT COLLECTED	DONATION ITEM	BENEFICIARIES
Rs.5140/-	Rice, Wheat, Pulses, Soyabean, Jiggery etc.	100-150

SOME GLIMPSES





Students Giving health talk

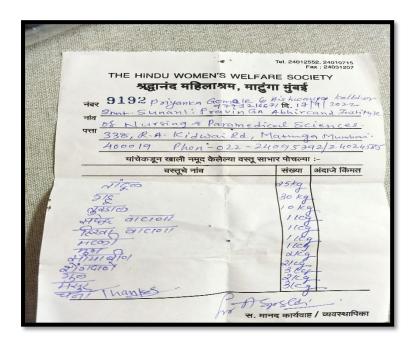








Donation given by students in form of foodgrains



List of Donated items



Principal
Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Matunga, Mumbai - 400 019.



ATTENDANCE LIST

Sr No.	Name of the Students	YES/NO
1	Adivarekar Sneha Jagdish	√
2	Bagade Ruchita Ashok	✓
3	Bagwe Trupti Ramesh	✓
4	Bhagwat Sanskruti Sushil	✓
5	Bhosale Shruti Ganesh	√
6	Chaurasia Ichcha Jitendra	✓
7	Chindam Shreya Ramesh	√
8	Chogale Samruddhi Santosh	√
9	Dalvi Sanika Santosh	√
10	D'souza Valancia Albert	✓
11	Fernandes Riya Patris	✓
12	Gawde Trupti Prakash	✓
13	Geetha Regukumar	✓
14	Ghadigaonkar Gouri Sachin	√
15	Gharat Tanvi Vishwanath	√
16	Gurchan Laxmi Debsingh	√
17	Ingale Srushti Vikas	√
18	Joil Sayali Shyamsundar	√







19	Kadam Ashlesha Anil	✓
20	Kaduskar Sayali Dnyaneshwar	√
21	Kokare Sarika Gangaram	✓
22	Mahale Diksha Manohar	✓
23	Majumdar Poonam Bhavranjan	√
24	Mane Harshali Prabhakar	✓
25	Mhaske Pranali Prakash	√
26	Mojad Pranjali Sampat	√
27	Monde Kartiki Babaji	√
28	Mote Prerna Ashok	√
29	Patil Ruchika Vijay	✓
30	Pawar Sayali Shankar	✓
31	Sanap Kavita Mangesh	✓
32	Sayyed Taniya Ajmeri	√
33	Shaikh Nahida Abdul Hamid	✓
34	Solkar Khushi Ravindra	√
35	Suryawanshi Pratiksha Chandrakiran	√
36	Tambe Arpita Anil	✓
37	Vanmali Riddhi Vikas	√







38	Verma Kusum Abhimanyu	✓
39	Vishwasrao Madhura Manoj	✓







REPORT ON NATIONAL MENTAL HEALTH DAY 2022

Date: 13TH OCTOBER 2022

Venue: Visanji Ravaji Auditorium, Matunga-400019

Participants: 132 Students & 25 Teachers.

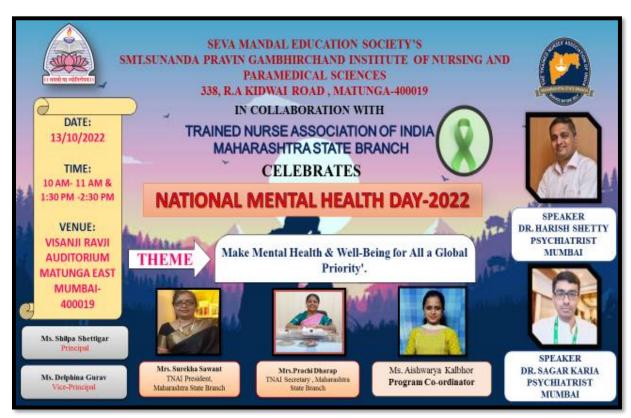
Theme: Make Mental Health & Well Being For All A Global Priority.

Aim: To Improve The Quality Of Mental Health Services Through Out The World.

Objective:

• To Raise Awareness Of Mental Health Issues Around The World And To Mobilized Efforts In Support Of Mental Health.

FLYER OF THE PROGRAM









PROGRAM COPY



SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES 338, R.A KIDWAI ROAD, MATUNGA-400019

NATIONAL WORLD MENTAL HEALTH DAY 2022

PROGRAM COPY

TIME	EVENT	RESPONSIBLITY
10:00 AM	INTRODUCTION & WELCOME ADDRESS	MS, AISHWARYA KALBHOR
10:10 AM	INTRODUCTION OF SPEAKER & FELICITATION	MS.NESWARI FERNANDO
10:15 AM	SEMINAR ON MENTAL HEALTH & PREVENTION	DR. HARISH SHETTY
10:45 AM	DISCUSSION	.
11:00 AM	VOTE OF THANKS	MS, ABENA P.A.
1:30 PM	INTRODUCTION OF SPEAKER & FELICITATION	MS. AISHWARYA KALBHOR
1:35 PM	SEMINAR ON STRESS MANEGMENT	DR. SAGAR KARIA
2:20 PM	DISCUSSION	2
2:30 PM	VOTE OF THANKS	MS. ABENA P.A.





INVITATION LETTER

SEVA MANDAL EDUCATION SOCIETY'S

SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES

SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING Affiliated to: Malassashua University of Health Sciences, Nashik. Makarashua State Boari of Nursing and Paramedical Education Recognised by: Indian Nursing Council, Maharashua Nursing Council MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019)

SEVAMANDAL EDEC	CATION SOCIETY	LOCAL N	ANAGING COMMI	TIME	MEMBERS	INVITEE
Fresiden Dr. Euip R. Trivedi	Hon, Secretary Shell Pustn G. Shall	Vice Chainnan Sei najiy Shah	Secretary Mrs. Stulpa Sternign	Consumers Dr. Lader Chordison	Dr. Shipa P. Guennise, CDR (Reid), J.: Shams Ms. Preers Gala	Mrs. Delphini Mahesi Oura

OTHER COURSES

Central Nursing & Midwifer (Proposed)

Auxiliary Nurse midwife

Transplant coordinater certificate course

SKILL COURSES

EGG technician

CSSD Technician

Radiology Techniciar

Dialveie seeleton

Cath Lab assistant

Ref No. 266

To,

Dr Harish Shetty, Psychiatrist,

Mumbai

Subject: Invitation as a "Resource person" on the occasion of "National Mental Health Day-2022"

Respected Sir.

We are glad to invite you, as a rescurces person for state evel seminar on Thursday 13th Oztober 2022 in collaboration with Trained Nurse Association of India, Maharashtra Branch on the occasion of "National Mental Health Day-2022". Venue for the programme will be. Visanji Ravji Auditorium, R. A. Kidwai Road, Matunga (east). Frogramme will proceed from 10.00 am to 11.00am topic is related to mental health and the them? for programme will be "To make mental health well-being for all a global priority.

We are thankful to you, for your kind support for the organization and look forward for the same in future.

Thanking you Yours Faithfully,

Mrs. Shilpa Ashok She figar

Smt. Suranda Pravin Glambhirchand college of Nursing

Website: www.smescon.in Email ld: smes6127303@gmail.com Phone No 022-24095792/ 24024585
Address: Smt. Parmeshwari Devi Gordhandas Garadia Educational Complex, 338, R.A. Kidwai Road, Matunga, Mumbai 400019

Supported Clinically by Smt. S.R. Mehta & Sir K.P. Cardiac Institute



Date: 11/10/2022

Principal

Sunanda Pravin Gambhirchand
College o'i Nursing
336, K. A. Kidwal Koad,
Matunga, Mumbai - 400 019.



REPORT

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing orgnised a seminar on **National Mental Health Day-2022**. In collaboration with Trained Nurses Association of India Maharastra State Branch at Visanji Ravaji Auditorium, Matunga-19th on 13th october 2022.

Dr. Harish Shetty, Psychiatrist, Mumbai was invited as a guest speaker for the seminar. The program began at 10:00 am in the morning. Total 132 students from BMN college, LTMG School of Nursing, SMES, SSPG College of Nursing and 25 faculty member of SMES, SSPG College of Nursing attended the seminar. Welcome speech was given by Ms. Aishwarya Kalbhor & the guest was introduced by Mrs.Diana Fernandes. **Ms. Shilpa Shettigar-Principal SMES.SSPG College of Nursing,** felicitated the speaker.

Lecture on **Building Emotional Wealth & Emotional Equity** was effectively delivered by Dr. Harish Shetty. Sir explained about how to control our emotions, how to deal with stressful situation etc. Sir's session was very energetic & attentive. After discussion doubts were clarified.

Vote of thanks was proposed by Ms. Abena.PA. The program winded up at 11:30 am. Refreshment was provided to the guest speaker.







Glimpses of the Session













DISCUSSION



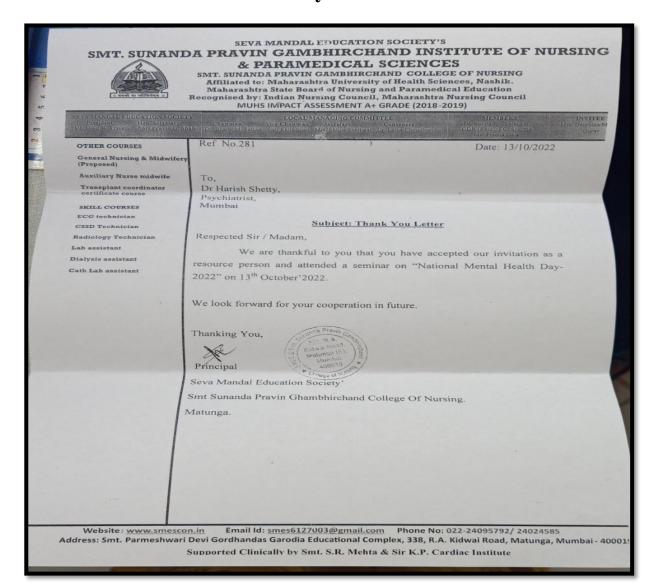








Thank you letter







Report on Pulse Polio Vaccination

Date and Day: 19th June 2022, Sunday.

Venue: Matunga, Vangani & Wadala Health Post

Participants: 2nd Year ANM& B.Sc. Nursing

FLYER OF THE PROGRAM



SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES 338, R.A KIDWAI ROAD, MATUNGA-4000019 NSS UNIT AND EXTENSION UNIT



ORGANIZES

POLIO VACCINATION DRIVE



VENUE: Matunga, Wadala & Vangani Public Heath Center. DATE:- 19th June 2022 TIME:- 9 am -2pm

PROGRAMME CO-ORDINATORS:-Mrs. Rashmi Jadhav Ms. Swati Patil CLINICAL INSTRUCTOR SMES SSPG CON

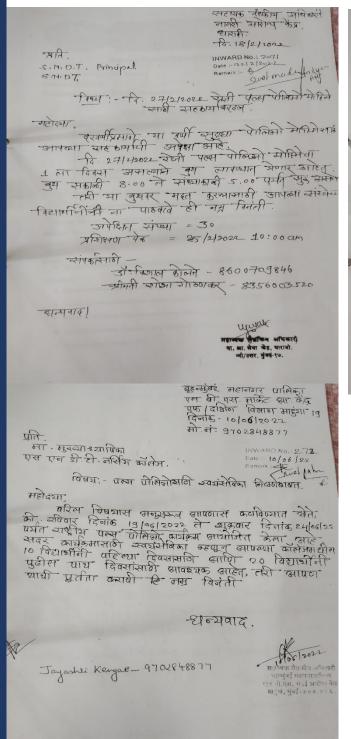
Polio Eradication Strategy 2022–2026 Delivering on a promise

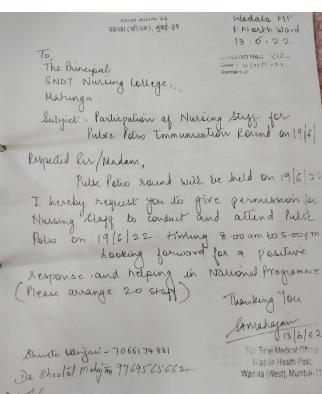


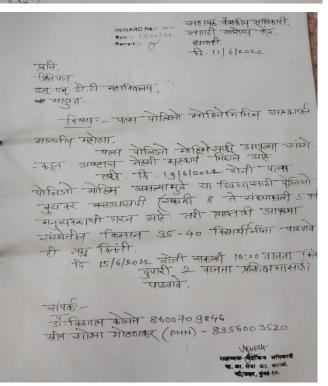




REQUIREMENT LETTER











The college had received a requirement letter from Wadala, Matunga and Vangani health post stating the requirement of student nurses for conducting pulse polio vaccination drive. They were posted in health post center and were send home to home for delivering polio vaccines Total 62 students had participated in this drive and approximately 300 children were benefited from this drive.

Students were being provided with appreciation letter, and remuneration for that day.

GLIMPSES OF THE DRIVE











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4) Priyali Vday Patil	Taujotte.
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Sto. Name 10) Shreya sandeep R	ane	Signature
APPRECIATION LETTER	vale ·	Shind
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TESTIMONIALS



By this drive we are saving are children by getting affected from polio



Had good Exposure of this drive







WORLD DIABETES DAY 2022-2023 REPORT

THEME: ACCESS TO DIABETES EDUCATION.

AIM: The aim is provides an opportunity to raise awareness of diabetes as a global public health issue and what needs to be done, collectively and individually, for better prevention, diagnosis and management of the condition.

OBJECTIVES:

To create awareness about the importance of diabetes.

Date- 14/11/2022

Participants: Second Year Basic BSc. Nursing Students

Final Year Basic BSc. Nursing Students

ANM Second Year Students

Guided by: Ms. Pooja Manachekar (Clinical Instructor)

Description-

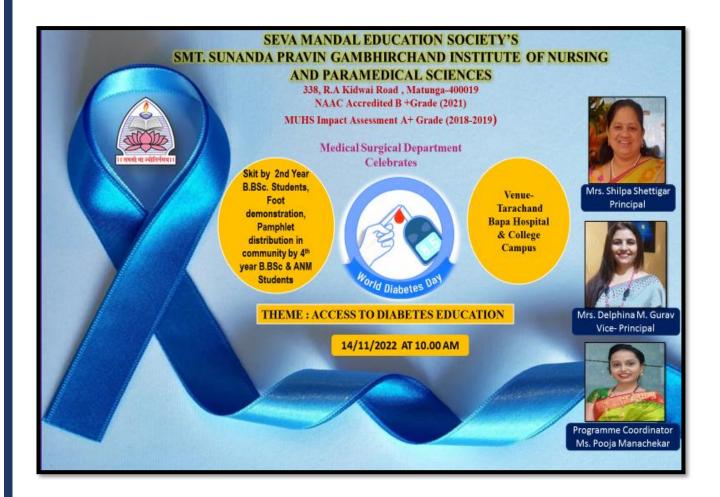
On the day of 14/11/2022 celebrated 'WORLD DIABETES DAY'. On this day second year Basic B.Sc. Nursing student's present skit at Lions Tarachand Bapa Hospital and the college campus, whereas final year Basic BSc. Nursing students and ANM second year students provided foot care demonstration, pamphlet distribution and confirmatory glucose test in community to spread awareness about prevention and management of diabetes.







FLYER OF THE PROGRAM



SOME GLIMPSE OF SKIT PRESENTATION, FOOT CARE DEMONSTRATION, PAMPHLET DISTRIBUTION AND TEST



Principal
Sunanda Pravin Gambhirchand
Cologo of Nursing
338, N. A. Kidwai Road,
Adatunga, Mumbai - 470 019.



WORLD DIABETES DAY 2022-2023

















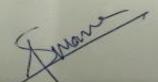


FEEDBACK FROM LIONS HOSPITAL

Seva Mandal Education Society's Smt Sunanda Pravin ghambhirchard Institute of Nursing & Para medical.

* World Diabetic Day *

on world Diabetic Day. It was great to have the girls of this institute come to our hospital and give information about this highly prevailing condition to the staff, doctors and management of the hospital. The skit was beautifully performed and we appreciate all the effort taken by the team. Thank you.









Report on AIDS Day

Date and Day: 1st December -10th December 2022

Venue: CST, Dadar, Bandra, Borivali, Andheri

station

Participants: Final year BSc & S.Y ANM Nursing students

FLYER OF THE PROGRAM



The NSS Unit, Extension unit of our college on occasion of "World Aids Day", college has organized role play, awareness programmes and rapid HIV testing camps in collaboration with Mumbai Districts Aids Control Society from 1st December 2022 – 10th December 2022 from 2pm to 6pm by Final year Bsc & ANM Nursing students accompanied by 2 Clinical instructors.

World AIDS Day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic.

The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment and care around the world. It has become one of the most widely recognized international health days and a key







opportunity to raise awareness, commemorate those who have died, and celebrate victories such as increased access to treatment and prevention services.

GLIMPSES OF THE EVENT



Students creating awareness about AIDS in the community



Students creating awareness about AIDS at DADAR Station



Smt. Sunanda Pravin Gambhirchand College of Nursing 338, K. A. Kidwai Road. Abstungs, Mumbai - 400 019.







Students doing registration, rapid testing of HIV at DADAR Station





Students doing registration, rapid testing of HIV at CST Station











Students doing registration, rapid testing of HIV at Bandra Station



Students doing registration, rapid testing of HIV at Borivali Station







BEACH CLEANLINESS DRIVE

Date: 19/09/2022

Venue: Mahim Beach

Participants: 40 First year ANM students

AIM: To establish a continuous and progressive series of actions to improve the environmental

quality of beaches.

OBJECTIVES:

1. To promote hygiene and cleanliness of beaches

2. To improve the coastal and ocean ecosystem by ensuring that none of the trash kills marine life or is toxic enough to disrupt the aquatic life cycle.

DESCRIPTION:

Beach clean-up drive was organised in collaboration with United Way on 19/09/2022 under Clean Shores Mumbai project. All the students of First year ANM along with faculty Mrs. Rashmi Jadhav actively participated in the drive. They were provided with safety materials like aprons, mask and gloves and thus picked up plastic articles, bags and non-biodegradable stuffs which were accumulated on the shores. These wastes were collected in dustbin, segregated and sent to BMC department. The event ended with vote of thanks by our students and photo session.

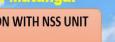






FLYER

Seva Mandal Education Society's, Institute Of Nursing Sunanda Pravin Gambhirchand College Of Nursing, Matunga.



ENVIRONMENT CONSIOUSNESS ANS SUSTAINABILITY IN COLLABORATION WITH NSS UNIT CELEBRATES





ACTIVITY: Beach Cleaning Drive

PARTICIPANTS: 1ST Year ANM Students

DATE: 17/09/22

VENUE: Reti Bundar Beach, Mahim.

MRS.DELPHINA GURAV VICE PRINCIPAL









GLIMPSES OF BEACH CLEANING DRIVE

















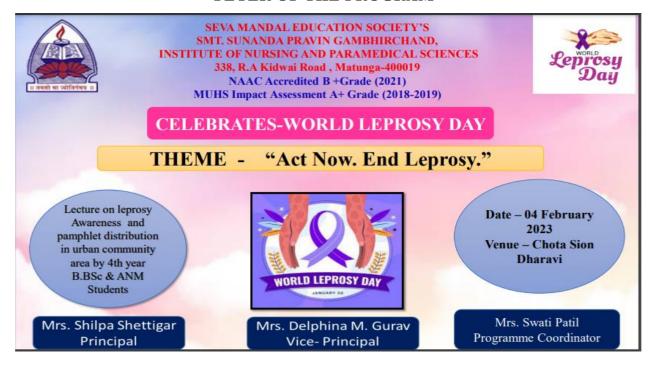
REPORT ON CELEBRATION OF WORLD LEPROSY DAY

Date: Leprosy awareness lecture on 31/1/2023 & Pamphlet distribution on 4th February 2023

Venue: CHOTA SION, DHARAVI (UPH)

Participants: 35 Final Basic BSc students & 40 First ANM Students

FLYER OF THE PROGRAM



Seva Mandal Education Society's, Smt Sunanda Pravin Gambhirchand College of Nursing celebrated leprosy day celebration in occasion of world leprosy day under the theme "ACT NOW END LEPROSY" on 4th February 2023. Our ANM Nursing 40 students and B.Sc. Nursing 35 students and 1 teaching faculty had accompanied for the same. Pamphlet distribution in urban community Chota Sion Dharavi on 4/2/2023. Students has attend Leprosy awareness lecture on 31/1/2023.







GLIMPSES OF THE PROGRAM PAMPHLET DISTRIBUTION













LEPROSY AWARENESS LECTURE













REPORT ON CELEBRATION OF WORLD CANCER DAY

Date: 4th FEBRUARY 2023

Venue: CHOTA SION, DHARAVI (UPH)

Participants: 35 Basic BSc students & 40 ANM Students

FLYER OF THE PROGRAM



Seva Mandal Education Society's, Smt Sunanda Pravin Gambhirchand college of Nursing celebrated cancer day celebration in occasion of world cancer day under the theme "CLOSE THE CARE GAP" on 4th February 2023. Our ANM Nursing 40 students and B.Sc. Nursing 35 students and 2 teaching faculty had accompanied for the same. Students has performed skit on breast self-examination and also performed awareness in breast cancer &oral cancer. Also distributed pamphlets in urban community area.



GLIMPSES OF THE PROGRAM























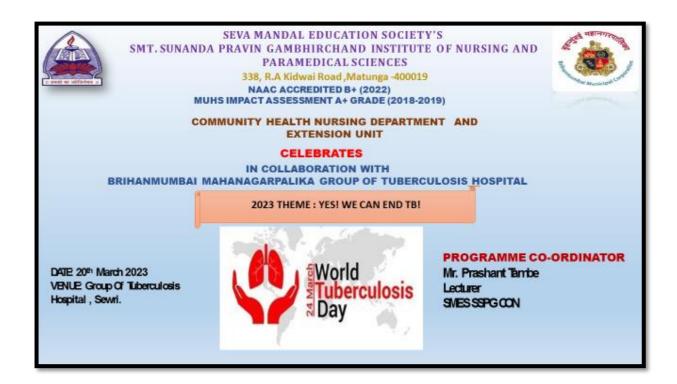
Report on World Tuberculosis Day

Date and Day: 20th March 2023, Wednesday.

Venue: Group of Tuberculosis Hospitals, Sewri

Participants: Final Year B.Sc. Nursing Students

FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College has celebrated World Tuberculosis Day on 20th March 2023 in collaboration with Brihanmumbai Mahanagar Palika, Group of Tuberculosis, Sewri.







PROCEDINGS OF THE PROGRAM

The program began at 1.30pm with the welcome of their Medical Superintendent, Medical Director, then our Final Year B.Sc Nursing Students started their Role Play where the enriched patients and their relatives about Tuberculosis, Sign & Symptoms, Drugs and its side effects, Hygiene and Dietary Management









ATTENDENCE LIST

SR.NO	NAME OF THE STUDENT	SIGNATURE
7	Bangar Kasturi Bhaskar	kosymi
	Barnwal Marrta Mangi	monte
	Baviskar Sakshi Milind	saleshi
[V	Bhoye vijeshree Santash	viveshee
57	Brahmbhatt Ohara Deepak	orgas.
	Chakrawarti Simran zgjendra	simica
	Chavan divya ganesh	Dhaver.
8)	Chaudhari Grushti Brakash	Eluni
	Gharat nishigandha Navesh	N. P. Shera
10	Ghosh riya ashish	Phose-
117	Guttamin triveni Shivanand	i dea
	Juvale Poonam vilas	Wals
	Kadam Pratiksha arijun	Pretry
10)	Kadam riddhi ratandeep	Pidahi'
15	Kalel nisha bhikaji	Withastale
14	Kamble Komal Milind	(Kamal
17) Kamble Gnehal Indirajit	Scombode
107	Kharpade namrata babu	Mragado.
		Gues.
20	lagade gauni ravindra Mane Kranti Kashingth	more
	Muneshwar vidya gajanan	Midager.
	Plal priya ramesh	Male
	Patil Irunali dhananjay	Danalu.
211	Pawar asmita adhik	J. James

SRNO	NAME OF THE STUDENT	SIGNATURE
25)	Rane vishakha vitthal	Whatehy
26	Sakhat Kinnary rajecy	Word
27)	Salvi Siddhi Santesh	Syldha
28]	Sawant Siddhi mangi	Stormt
29)	Shaxma Kajal Hazeran	torall.
30]	Tambe Sayali najendka Thorat xitika bayrang	Stants.
31]	Thorat retika bayrang	1
32)	woolode Vidya Vijay daya	Jane.
33	Ambrose nicole million	1
39)	Cadge payal argun	Thist.
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		UKU
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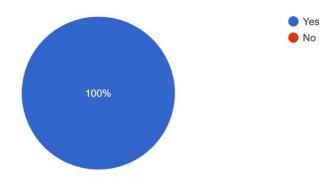




FEEDBACK OF THE EVENT

Received appreciation from their management. Our students were appreciated by their managerial body about their role play which was benefited to the community and also teachers received an appreciation for the same.

Did you like to have more activities like this? 35 responses









REPORT ON SEED BOMBING AND PAPER BAG MAKING ACTIVITY

AIM:

SEED BOMBING - To_promoting vegetation on land by throwing seed balls onto barren tracts of land.

PAPER BAG MAKING- To indulge students in the habit of recycling by teaching them how to make paper bags and making them aware about the threat of plastic bags to the environment.

OBJECTIVE:

Seed bombing-

- To restore plant population,
- To increase the green cover on empty patches,
- To nourish and feed the soil.

PAPER BAG MAKING-

-To reuse, recycle and biodegrade

<u>VENUE:</u> Seva Mandal Education Society's Smt Sunanda Pravin Gambhirchand College of Nursing, Matunga

DATE: 03/08/2022

PARTICIPANTS: B.B. Sc Nursing students first year – 5,

second year -10,

first year ANM-5

TOTAL - 25





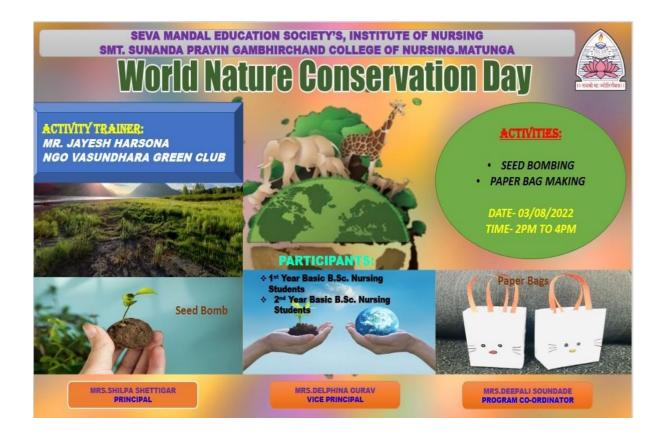


DESCRIPTION:

Seva Mandal Education Society's Smt Sunanda Pravin Gambhirchand College of Nursing's has organized Report on seed bombing and paper bag making activity on 03/08/2022 at 2pm to 4 pm. **Mr. Jayesh Harsona** was the activity trainer. He has started session by introducing himself after that he has taken lecture on importance of environment sustenance, seed bombing and paper bag making. After the lecture he has trained the students how to do paper bag making and seed bomb respectively. All students have actively participated in the activity. Instructions have given to the students that seed ball to be thrown after two days .it should be thrown at the open place where mud is good for tree plantation.

Activity is ended with the vote of thanks by the clinical instructor Mrs. Deepali Soundade.

FLYER -









PHOTOGRAPHY











REPORT ON BLOOD DONATION CAMP

Date: 21st August 2022

Venue: Ram Nagar, Wadala

Participants: 5 B.Sc. Nursing & 2 Teachers

FLYER OF THE PROGRAM



The Extension unit and NSS unit of our college had organized "BLOOD DONATION CAMP" on 21st August 2022 at 11 am in Ram Nagar, Wadala. Total 5 BSc Nursing students along with 2 teachers had actively participated in the blood donation camp.







GLIMPSES OF THE EVENTS



Students doing registration of the donors

Students checking vital signs of the donors



Students collecting blood of donors







Principal

Sunanda Pravin Gambhirchand

College of Nursing

338, H. A. Kidwai Road,

Matunga, Mumbai - 400 019.



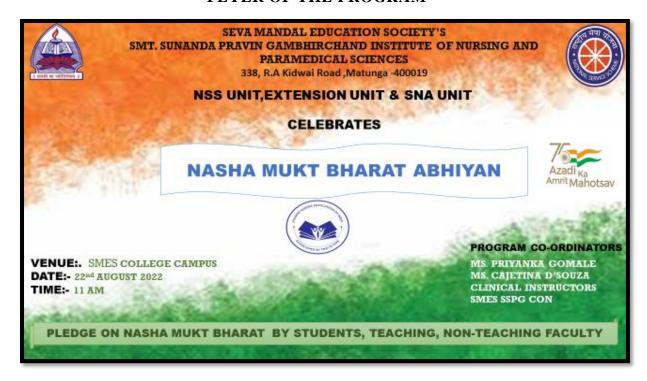
REPORT ON NASHA MUKT BHARAT ABHIYAN

Date: 22nd August 2022

Venue: S.M.E.S Campus

Participants: 20 Teachers & 55 students

FLYER OF THE PROGRAM



The extension Unit, NSS Unit and SNA Unit of our college had organized Nasha Mukt Bharat Abhiyan on behalf of 75th Amrit Mahotsav on 22nd August 2022 at 11am. The Minister for Social Justice & Empowerment Shri Thawaarchand Gehlot launched the website for the Nasha Mukt Bharat Abhiyan (NMBA) on the occasion of International Day Against Drug Abuse and Illicit Trafficking on 26 June 2021, which is observed worldwide to strengthen action and cooperation in achieving the goal of a sustainable world free of substance abuse. The entire world is facing the menace of drug addiction which has a devastating impact on the addict, individual, family and a large section of society. We celebrated this by taking a pledge in our campus. All teaching, non-teaching faculty and students equally participated in this Abhiyan.







GLIMPSES OF THE PROGRAM





Students taking the Nasha Mukt Bharat pledge



Participation of Teachers & Students in the Nasha Mukt Bharat pledge





Report on World Environment Day-2022

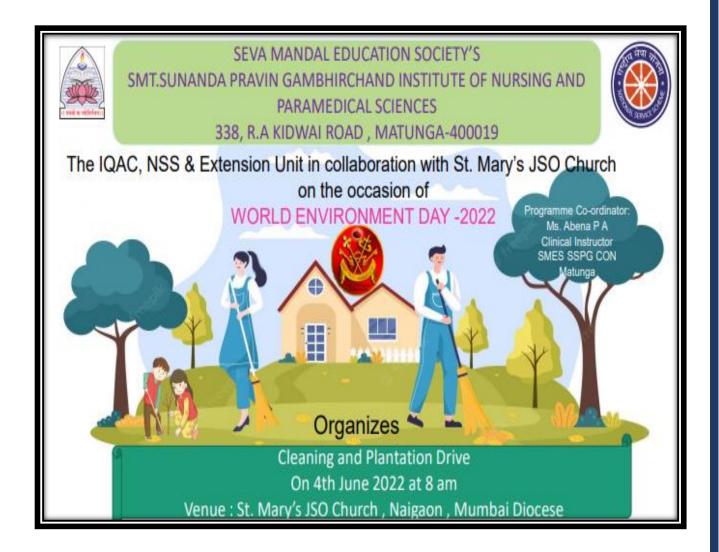
Cleaning Drive

Date and Day: 4th June 2022, Saturday.

Venue: St. Mary's JSO Church Premises

Participants: First Year B.Sc. Nursing Students

FLYER OF THE PROGRAM









The IQAC, NSS and Extension Unit of our College has celebrated World Environment Day- 2022 on 4th June 2022 in collaboration with St. Mary's JSO Church, Naigaon.

PROCEEDINGS OF THE PROGRAM

The program began at 8 am by dividing the students into 5 different groups to clean each sides of the premises. They collected paper waste, plastic wastes, and wastes from coconut trees. They arranged the coconut covers around the coconut trees. Collected all wastes and broom the premises. Snacks were provided from the church.

GLIMPSES OF CLEANLINESS DRIVE

























RECEIVING APPRECIATION

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.









Report on World Environment Day-2022

Plantation Drive

Date and Day: 4th June 2022, Saturday.

Venue: St. Mary's JSO Church Premises

Participants: First Year B.Sc. Nursing Students

FLYER OF THE PROGRAM



The IQAC, NSS and Extension Unit of our College has celebrated World Environment Day- 2022 on 4th June 2022 in collaboration with St. Mary's JSO Church, Naigaon.



PROCEEDINGS OF THE PROGRAM

The program began at 8 am by dividing the students into 5 different groups to do planting saplings over the sides of the premises. They planted herbs, flowers, bushes etc. Snacks were provided from the church.

GLIMPSES OF CLEANING DRIVE















RECEIVING APPRECIATION

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.





Principal

Sent. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road,
Authors Mumbai - 400 019.



WORLD HEART DAY 2022-2023

THEME: Use Heart for Every Heart.

AIM: To help people all over the world lead longer and better heart-healthy lives.

OBJECTIVES:

• To create awareness about the importance of healthy heart.

Date: 03RD OCTOBER 2022

Venue: GROUND FLOOR, S.R.MEHTA HOSPITAL. KING CIRCLE and SMES Campus.

Participants: 39 SECOND YEAR BASIC B.SC STUDENTS & 3

TEACHERS







FLYER OF THE PROGRAM







On the day of 03/10/2022 celebrated 'WORLD HEART DAY'. On this day students keep collage making and poster making competition, educational session, exhibition and games on awareness, Diet, Prevention and Management of Cardiovascular to spread awareness about prevention and management of heart disease.

SOME GLIMPSE













Report of Dakshaben Pathak Memorial Health Camp

Date: 06/09/2022 and 13/09/2022

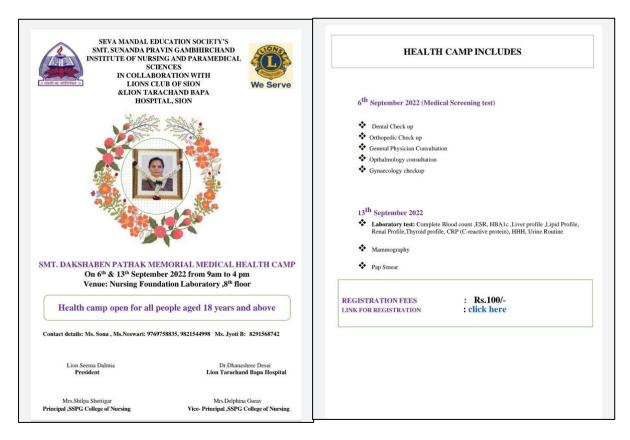
Time: 8am to 4pm

Venue: Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of

Nursing. Nursing Foundation Lab (8th floor)

A two days medical camp was organised on 6th and 13th September 2022, in collaboration with Lions Club of Sion, Lions Tarachand Bapa Hospital and Global Gene Corp.

MEDICAL CAMP FLYER



PROCEEDINGS OF THE PROGRAMME

The Camp began at 9am with welcome address given by Mrs. Diana Fernandes (Associate Professor, SMES SSPGCON). The Dakshaben Pathak Memorial health camp was inaugurated by the Management members of Seva Mandal Education Society, Executive members of Lions Club, Principal, and Vice Principal from all colleges of Seva Mandal Education Society.







WELCOME ADDRESS



Ms. Diana Fernandes (Associate Professor, SMES SSPGCON welcomed all the guests for the inaugural function of Dakshaben

INAUGURATION OF THE MEDICAL CAMP AND LAMP LIGHTING



















The camp continued for 2 days

GLIMPSES OF CAMP DAY - 1

Day 1: Medical camp included regular consultation and screening

There were total 6 counters in the camp namely;

- Registration,
- dental check-up,
- medical physician consultation,
- orthopaedic consultation,
- ECG testing,
- Gynaecologic examination.

REGISTRATION











MEDICAL PHYSICIAN CONSULTATION

ECG MONITORING







DENTAL CONSULTATION





OPTHALMIC CONSULTATION

ORTHOPAEDIC CONSULTATION









GLIMPSES OF THE CAMP DAY -2

Day 2: Medical Camp included Laboratory testing

The following laboratory tests were done (Laboratory tests sponsored by Global Gene Corp.)

Package Details	Test Details
Complete Blood Count with ESR	Complete Blood Count (CBC)
0	ESR
GLYCOSYLATED HEMOGLOBIN (HbA1c)	GLYCOSYLATED HEMOGLOBIN (HbA1c)
Liver Profile	TOTAL BILIRUBIN
	BILIRUBIN (Direct)
	BILIRUBIN (Indirect)
	ASPARTATE AMINOTRANSFERASE (AST/SGO
	ALANINE TRANSAMINASE (ALT/SGPT)
	ALBUMIN
	GLOBULIN
	A/G RATIO
	TOTAL PROTEIN
	ALKALINE PHOSPHATASE
Lipid Profile	Total Cholesterol
	HDL
	LDL
	VLDL
	Triglycerides
	Total Cholesterol / HDL Ratio
	LDL: HDL Ratio
Renal Profile	BLOOD UREA NITROGEN
	CREATININE
	URIC ACID
	CALCIUM
	PHOSPHORUS
ELECTROLYTES	Sodium (Na+)
	Potassium (K+)
2	Chloride (Cl-)
Thyroid Profile	TSH
,	T3
	T4
URINALYSIS	Urine Routine & Microscopy test
	Quantitative
C-reactive protein test (CRP)	Quantitative
Total number of test	33
TOTAL HUMBER OF LEST	33

BLOOD COLLECTION





MEDICAL SCREENING









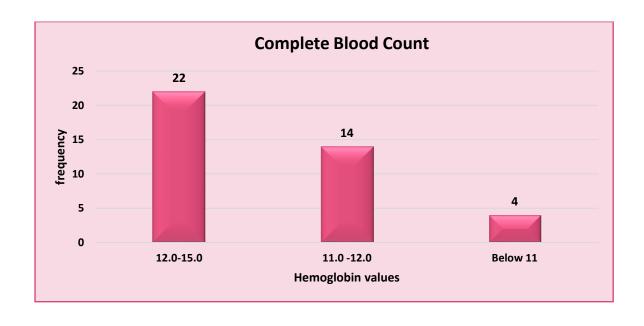
There were in total 50 registrations. The camp came to an end with holistic co-ordination of the team members. It was well appreciated by all the Members of Management. Ms. Diana Fernandes (Associate professor) thanked the management members and executive members of Lions Club and Global Gene Corp. members for their support for the successful organization of the health camp. The efforts of the Doctors, nursing staff, technicians nursing students and faculty towards the conduct of the camp was highly appreciated. The reports of the blood test was handed over to the beneficiaries within a week.

ANALYSIS OF LABORATORY REPORTS

Analysis of blood reports from 40 candidates for Haemoglobin, Glycosylated Hb, ESR, C-reactive protein and lipid profile

Complete blood count

Hemoglobin Values (g/dl)	n=40
12.0-15.0	22
11.0 -12.0	14
Below 11	4

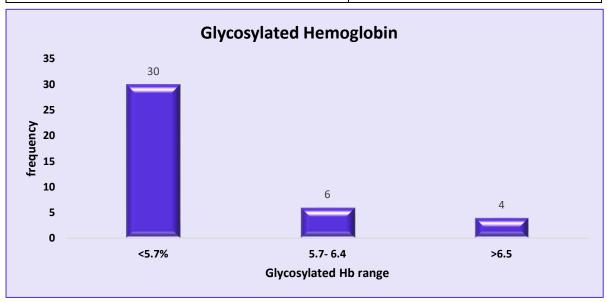






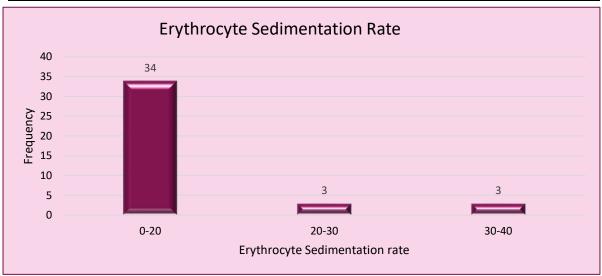


Glycosylated Hemoglobin (%)	n=40
<5.7%	30
5.7- 6.4	6
>6.5	4



> Erythrocyte Sedimentation Rate

Erythrocyte Sedimentation Rate (mm/hr)	n=40
0-20	34
20-30	3
30-40	3



C-REACTIVE PROTEIN

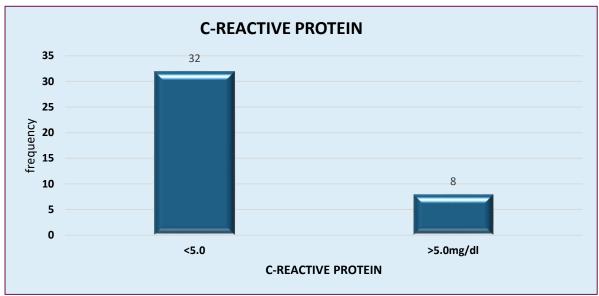
C-REACTIVE PROTEIN(mg/dl)

n=40

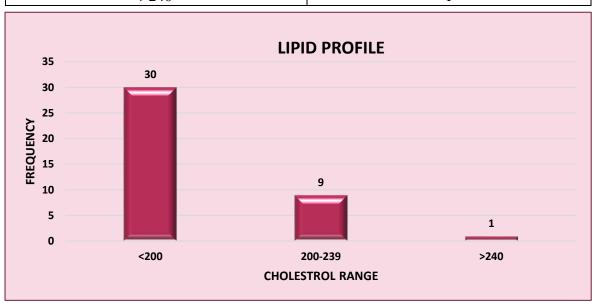








CHOLESTROL(Mg/dl)	N=40
<200	30
200-239	9
>240	1









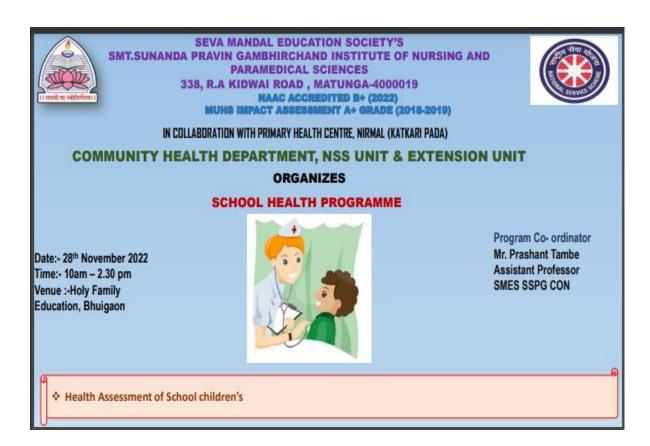
Report on School Health Program

Date and Day: 28th November 2022

Venue: Holy Family School, Bhuigaon

Participants: Final Year B.Sc. Nursing Students

FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College had organized Health Camp in collaboration with Holy Family School, Bhuigaon.

The school health programme was conducted at Holy Family Semi English Medium School, Bhuigaon, where students had conducted school health check up camp, sports activities, health talk and presented skit on personal hygiene & health talk on menstrual hygiene.







Total 200 students were assessed by our students. Students were divided into various groups for smooth conduction of the programme. The students were given gifts for sports activity and also snacks was provided to the students.

GLIMPSES OF THE EVENT











ATTENDENCE LIST

SR.NO	NAME OF THE STUDENT	SIGNATURI
7	Bangar Kasturi Bhaskar	kostuni
-	Barnwal Mamta Mangi	monte
_	Baviskar sakshi Milind	solishi
	Bhoye vijeshree Santash	vieshee
ج	Brahmbhatt Ohara Deepak	phase.
	Chakrawarti Simran rejendra	sime
	Chavan divya ganesh	Dhaves,
8)	Chaudhari Grushti Brakash	Elmi
1000	Gharat nishigandha Navesh	N.P. Shere
10	Ghosh riya ashish	Aura
11]	Guttamin triveni Shivanand	Touttomm
	Tuvale Poonam vilas	Wals
	Kadam Pratiksha arijun	Rethern
14	Kadam riddhi ratardeep	Pidolhi'
15	Kalel nisha bhikaji	Wishablake
16	Kamble Komal Milind	(Kamal
17	Kamble Gnehal Indrajit	Symbole
18		Mragado
	Lagade gauni ravindra	Gues.
	Mane Kranti Kashingth	mane.
	Muneshwar vidya gajanan	Miduger.
	P Pal priya ramesh	Mal
	Patil Irunali dhananjay	Danaly.
21) Pawar asmita adhik	J. James

SRNO	NAME OF THE STUDENT	SIGNATUR
25)	Rane vistakha vitthal	Whathy
		World
27)	Sakhet Kinnary rajecv Sahi Sidihi Santesh	Syldha
28]	Sawant Siddle mangi	Storont
29)	Shaxma Kajal Hazeran	totali.
307	Tambe Sayali najendka	Sant.
317	Thorat ritika bajrang	
42)	wadode Vidya Vijay daya	Jane.
33	Ambrose nicole milton	A
34)	Godge payal argum	Pagel.
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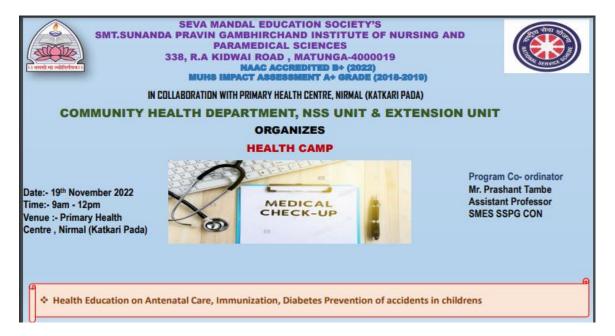
Report on Health Camp

Date and Day: 19th November 2022

Venue: Primary Health Centre, Nirmal (Katkari Pada)

Participants: Final Year B.Sc. Nursing Students

FLYER OF THE PROGRAM



The Community Health Nursing, NSS and Extension Unit of our College had organized Health Camp in collaboration with Primary health centre, Nirmal (Katkari Pada) on 19th November 2022 from 9 am to 12 pm.

The students of Final year B. Bsc Nursing conducted health assessment were they provided health education on Antenatal Care, Immunization, Diabetes Mellitus, Prevention measures taken during ANC, Prevention of home accidents in children's and geriatric Care etc.

The students had also conducted health assessments of all community members residing in Katkaripada area. Whatever knowledge they have provided was very fruitful for them. They assured they will use this knowledge in their daily practice/ routine.







GLIMPSES OF THE EVENT:











ATTENDENCE LIST

SR.NO	NAME OF THE STUDENT	SIGNATURI
7	Bangar Kasturi Bhaskar	kostuni
-	Barnwal Mamta Mangi	monte
_	Baviskar sakshi Milind	solishi
	Bhoye vijeshree Santash	vieshee
ج	Brahmbhatt Ohara Deepak	phase.
	Chakrawarti Simran rejendra	sime
	Chavan divya ganesh	Dhaves,
8)	Chaudhari Grushti Brakash	Elmi
1000	Gharat nishigandha Navesh	N.P. Shere
10	Ghosh riya ashish	Aura
11]	Guttamin triveni Shivanand	Touttomm
	Tuvale Poonam vilas	Wals
	Kadam Pratiksha arijun	Rethern
14	Kadam riddhi ratardeep	Pidolhi'
15	Kalel nisha bhikaji	Wishablake
16	Kamble Komal Milind	(Kamal
17	Kamble Gnehal Indrajit	Symbole
18		Mragado
	Lagade gauni ravindra	Gues.
	Mane Kranti Kashingth	mane.
	Muneshwar vidya gajanan	Miduger.
	P Pal priya ramesh	Mal
	Patil Irunali dhananjay	Danaly.
21) Pawar asmita adhik	J. James

SRNO	NAME OF THE STUDENT	SIGNATUR
25)	Rane vistakha vitthal	Whathy
		World
27)	Sakhet Kinnary rajecv Sahi Sidihi Santesh	Syldha
28]	Sawant Siddle mangi	Storont
29)	Shaxma Kajal Hazeran	totali.
307	Tambe Sayali najendka	Sant.
317	Thorat ritika bajrang	
42)	wadode Vidya Vijay daya	Jane.
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REPORT ON OLD AGE HOME-

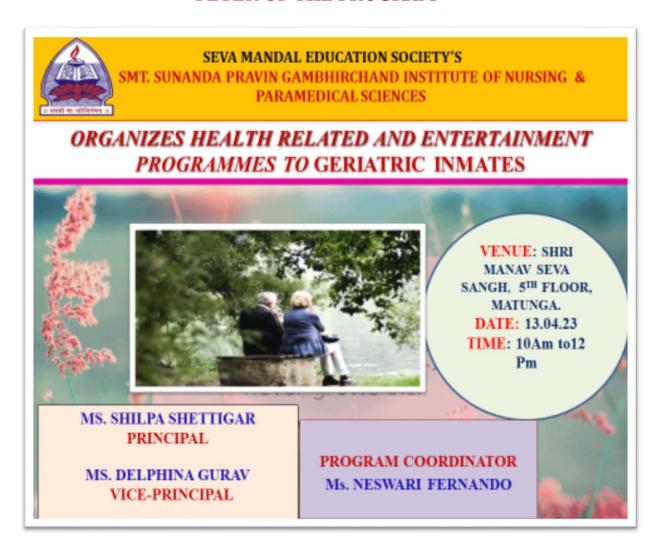
HEALTH RELATED AND ENTERTAINMENT PROGRAM

Date and Day: 13.04.2023

Venue: 6th Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 30 geriatric inmates.

FLYER OF THE PROGRAM



The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Geriatric Inmates at 6th Floor, Manav Seva Sangh,, Matunga, on 13.04.2023 from 10am to 12pm.



Principal

Sunt. Sunanda Pravin Gambhirchand
College of Nursing
338, H. A. Kidwal Road,
Matunga, Mumbai - 400 019.



PROGRAM COPY



SEVA MANDAL EDUCATION SOCIETY'S

MT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING &

ANM SCHOOL OF NURSING

PROGRAM COPY

Time	Event	Responsibility
10.00 am	Introduction	Ms.Neswari Fernando
10.05am – 11.00 am	Health Checkup	3 rd year B.B.Sc Students
11.05am – 12.00 N	Entertainment Programme	3rd year B.B.Sc Students
12.05 Pm	Vote of thanks	Ms.Trisha Sitap

PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 13.04.2023 at Manav Seva Sangh, 6th Floor, Matunga by 3rd year basic B.Sc. Nursing Students with the guidance of Ms. Neswari Fernando-Lecturer. There were 30 Geriatric Inmates who actively participated.











INTRODUCTION

Introduction about the organizers and about the details of programmes were explained by Ms. Neswari Fernando- Lecturer SMES SSPG College of Nursing.

HEALTH CHECK-UP:

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their body weight and vital parameters had been carried out.















ENTERTAINMENT ACTIVITIES:

Memory game-

7 items for a minute were showed and the inmates were encouraged to recollect and convey the 7items after 10 mts. Another game was passing the Parcel. All the Geriatric inmates participated interestingly and enjoyed well. Most of them actively sang the song, cracked Jokes.







Dance: there was a dance performed by our students.











VOTE OF THANKS

Vote of thanks was proposed by Ms. Trisha Sitap. Third year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Madhu madam, Shweta sister for their help and all the Geriatric inmates for their active participation. Distributed biscuits to all at the end.

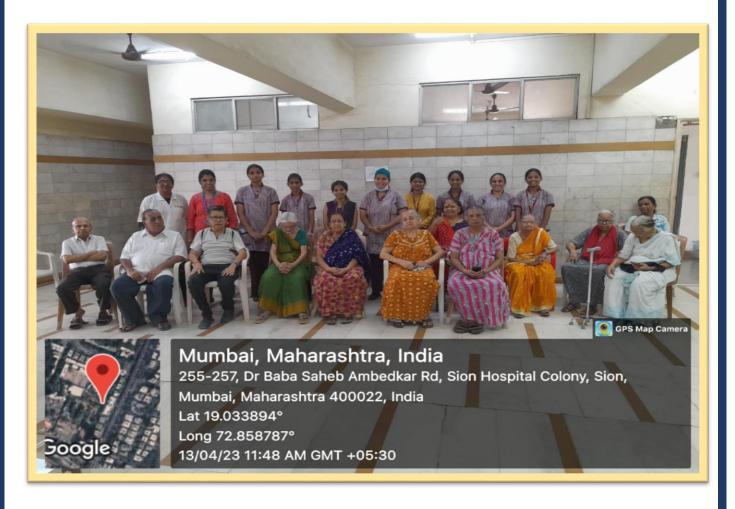






FEED BACK:

Feedback was given by most of the inmates. They expressed their gratitude, their happiness and enjoyment, also desired many program like this in future.









REPORT ON ORPHANAGE -

HEALTH RELATED AND ENTERTAINMENT PROGRAM

Date and Day: 15.05.2023

Venue: 1ST Floor, Manav Seva Sangh, Matunga-19

Beneficiaries: 42 Orphanage children.

Participants:12 students of 2nd year ANM Nursing

FLYER OF THE PROGRAM



The Seva Mandal Education Society's Smt.Sunanda Pravin Gambhirchand College of Nursing organised a health related and entertainment programmes to Orphanage children at 1st Floor, Manav Seva Sangh,, Matunga, on 15.05.2023 from 10am to 12pm.







PROCEEDINGS OF THE PROGRAM

The programme began at 10.00 am on 15.04.2023 at Manav Seva Sangh, 1st Floor, Matunga by 2nd year Nursing Students with the guidance of Ms. Neswari Fernando- Lecturer. There were 42 children age between 11-14 years who actively participated.



INTRODUCTION

Introduction about the organizers and about the details of programmes, health checkups were explained by Ms. Neswari Fernando-Lecturer. SMES SSPG College of Nursing.

HEALTH CHECK-UP:

Health related activities includes obtaining their identification data, past medical and surgical history, present complaints if any, checking their anthropometric measurements, Head to toe examination and vital parameters had been carried out.













ENTERTAINMENT ACTIVITIES:

Memory games7 items for a minute were showed and the children were encouraged to recollect and convey the 7items after 10 mts. Another game was passing the Parcel. Children







were very energetic, participated interestingly and enjoyed well. Most of them actively sang the song.

Dance: there was a dance performed by our students.





biscuits to all at the end.

VOTE OF THANKS

Vote of thanks was proposed by Ms.Harsha. Second year student of SMES SSPG CON. She thanked all the management members for giving us opportunity to conduct the program, Ms.Jeyashree, Ms.Bhavana for their help and all the children for their active participation. Distributed







EXTENSION ACTIVITY 2021-2022







Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities	Number of teachers participated in such activities
	Medical Health Camp on Family Planning	SMES.SSPG.CON with Vangani Primary Health Care Center	40	1
	Medical Health Camp	SMES.SSPG.CON with Lions Club of Sion	5	1
2021-2022	School Health Program	SMES.SSPG.CON with Vangani Primary Health Care Center	62	2
	Pulse Polio Vaccination	SMES.SSPG.CON with Matunga, Wadala Vangani Primary Health Care Center	62	2
	Food Demo in Community	SMES.SSPG.CON with Vangani Primary Health Care Center	62	2
	Tree plantation in community	SMES.SSPG.CON with Vangani Primary Health Care Center	62	2
	World Environment Day	SMES.SSPG.CON with St. Mary's JSO Church, Naigaon.	39	1



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Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities
Celebrated World No Tobaco Day by creating awareness	SMES.SSPG.CON withLokmanya Tilak Municipal General Hospital	15	2
Poshan Pakhwada Abhiyan	SMES.SSPG.CON with King Edward Memorial Hospital Parel	15	2
Celebrated World Tuberculosis Day by creating awareness to the patients	SMES.SSPG.CON with Group of Tuberculosis Hospital, Sewri	20	2
Dakshaben Pathak Memorial health camp	SMES.SSPG.CON with Lions Club of Sion	15	2
Mdical Health Camp for Old age	SMES.SSPG.CON with Lions Club of Sion	4	1
Pulse Polio Vaccination	SMES.SSPG.CON with Dharavi Health Post	37	2



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Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities
Blood Donation Camp	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	30	2
World Diabetes Day To raise awareness of the impact that diabetes has on the family and support)	SMES.SSPG.CON	10	2
Covid-19 Vaccination Drive	SMES.SSPG.CON with Lions Club of Sion	4	2
Beach Cleaning Drive	SMES.SSPG.CON with United Ways	80	1
Awareness of Safety and Health at work	SMES.SSPG.CON with Smt. S. R. Mehta & Sir K. P. Cardiac Institute	10	2



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Year	Name of the activity	Organising unit/ agency/ collaborating agency	Number of students participated in such activities
World Heart Day (Harnessing the power of Digital Health to improve Awareness, Prevention and Management of CVD globally)	SMES.SSPG.CON	15	2
Awareness on Breast feeding by reaching out to individual mothers	SMES.SSPG.CON with Nowrojee Wadia Maternity Hospital	40	4



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NAME/ TITLE OF THE PROGRAMME: FAMILY PLANNING CAMP IN COMMUNITY

DATE: 14th July 2022

VENUE: Vangani Primary Health Center

PARTICIPANTS: ANM

NUMBER OF PARTICIPANTS: 40

AIM:

- 1. Family planning allows people to attain their desired number of children, if any, and to determine the spacing of their pregnancies.
- 2. It is achieved through use of contraceptive methods and the treatment of infertility.

OBJECTIVES:

- 1. Family planning makes it more likely people can have their desired number of children and helps them determine the spacing between pregnancies.
- 2. It also helps people prevent pregnancy through a variety of contraceptive methods and services.

DESCRIPTION/ PROCEEDINGS OF THE PROGRAMME/ ACTIVITY:

The Extension Unit, NSS Unit of our college collaborated with Vangani Primary Health Center and organized Family Planning Camp. Camp started 9 am where initially they tested all the females for any allergy by administrating 0.1ml Inj. Xylocaine. After administrating it they checked for any reaction. If any reactions are seen then immediately it is referred to Civil Hospital. Women's were counseled for temporary and permanent sterilization.

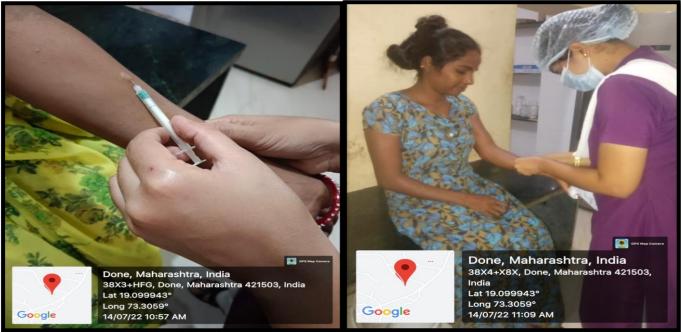
For permanent sterilization they were given pre-operative, intra-operative and post-operative care.



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GEO-TAGGED PHOTOGRAPHS WITH CAPTION:











ATTENDANCE LIST

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Matunga, Mumbai - 400 019.



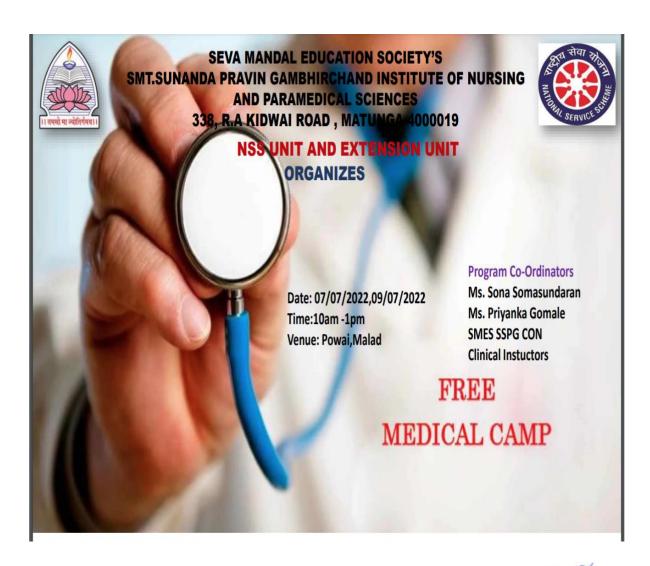
Report on Medical Health Camp

Date:7th July & 9th July 2022

Venue: Powai & Malad

Participants: B.Sc. Nursing

FLYER OF THE PROGRAM

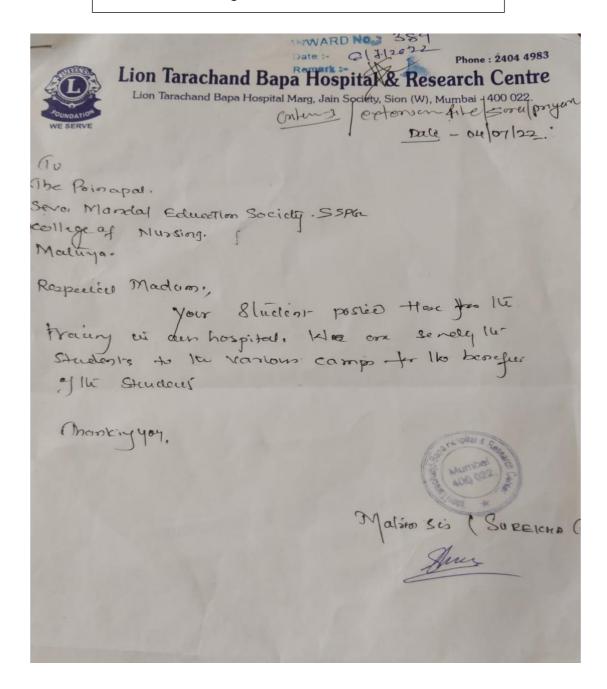








REQUIREMENT LETTER





Principal
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The extension Unit and NSS Unit of our college in collaboration with Lions Tarachand Bappa Hospital had organized free medical camp at Powai and Malad on 07/07/2022 & 09/07/2022 from 10am -1 pm. Camp had free Blood Pressure, Sugar, SpO2, ECG & Eye check-up Check-up for 45yr and above age group. Counters were prepared for registration, History taking, Physical Examination, Vital Signs Checking, ECG Checking.

After completion workers were provided with snacks

After the health check-up suspected candidates were referred to Lions Tarachand Bapa Hospital for further treatment.

Students were provided with breakfast and lunch and also appreciated for the same.



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GLIMPSES OF THE DRIVE











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College of Nursing
338, R. A. Kidwai Road.

Matunga, Mumbai - 400 019.



STUDENT'S ATTENDANCE LIST



Phone: 2404 4983

Lion Tarachand Bapa Hospital & Research Centre Lion Tarachand Bapa Hospital Marg, Jain Society, Sion (W), Mumbai - 400 022.

04/07/2022

Name of the Students

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3) Nicole milton Ambrose

Sayali Rajendro tombe

Riddhi Patandeep Kadam

05/07/2022

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A LIONS CLUB OF SION'S PRESTIGIOUS PERMANENT PROJECT

E Sunanda Pravin Gambhirchand College of Nursing 338, R. A. Kidwai Road, Matunga, Mumbai - 400 019.



NAME/ TITLE OF THE PROGRAMME: SCHOOL HEALTH PROGRAM

DATE: 22nd June 2022

VENUE: Vangani Primary Health Center

PARTICIPANTS: ANM &B.S.c Nursing

NUMBER OF PARTICIPANTS:62

AIM:

- 1. To promote healthy behaviors among the children that they will inculcate for life.
- 2. To detect and treat diseases early in children and adolescents including identification of malnourished and anemic children with appropriate referrals to PHCs and hospitals.
- 3. To promote use of safe drinking water in schools.

OBJECTIVES:

- 1. To provide age appropriate information about health and nutrition to the children in schools.
- 2. To promote healthy behaviors among the children that they will inculcate for life..

DESCRIPTION/ PROCEEDINGS OF THE PROGRAMME/ ACTIVITY:

The Extension Unit, NSS Unit of our college collaborated with Vangani Primary Health Center and Zilla Parishad School where are students had health camp, provided health education for the students.



Principal
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GEO-TAGGED PHOTOGRAPHS WITH CAPTION:















ATTENDANCE SHEET:

Frafuli M dingonkar	Poingan Kar
Isha V Patil	Apali 1
Akshata s Bharati	Akshofa.
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Aditi V Devale	Ferale
Sayali R Gurav	Rawar
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Priyanka D. Shinde	Bursle

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Report on Pulse Polio Vaccination

Date and Day: 19th June 2022, Sunday.

Venue: Matunga, Vangani & Wadala Health Post

Participants: 2nd Year ANM& B.Sc. Nursing

FLYER OF THE PROGRAM



SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES 338, R.A KIDWAI ROAD, MATUNGA-4000019 **NSS UNIT AND EXTENSION UNIT**



ORGANIZES

POLIO VACCINATION DRIVE



VENUE: Matunga, Wadala & Vangani Public Heath Center. DATE:- 19th June 2022

TIME:- 9 am -2pm

PROGRAMME CO-ORDINATORS:-Mrs. Rashmi Jadhav Ms. Swati Patil CLINICAL INSTRUCTOR SMES SSPG CON

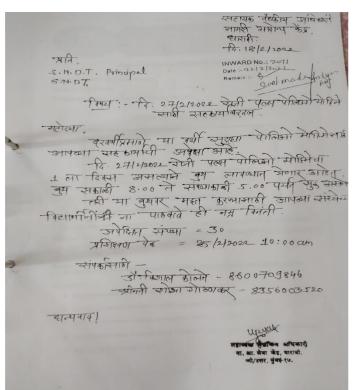
Polio Eradication Strategy 2022–2026 Delivering on a promise

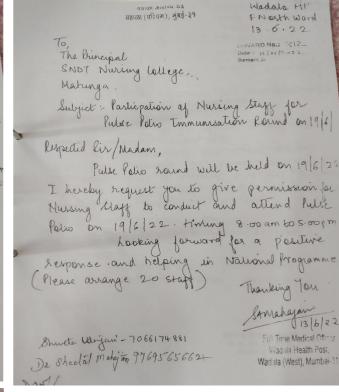


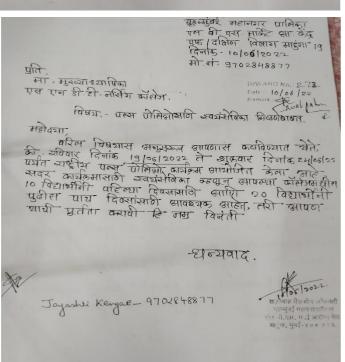
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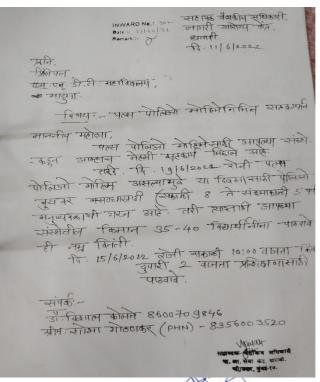


REQUIREMENT LETTER











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The college had received a requirement letter from Wadala, Matunga and Vangani health post stating the requirement of student nurses for conducting pulse polio vaccination drive. They were posted in health post center and were send home to home for delivering polio vaccines Total 62 students had participated in this drive and approximately 300 children were benefited from this drive.

Students were being provided with appreciation letter, and remuneration for that day.

GLIMPSES OF THE DRIVE









ATTENDANCE SHEET:

Prafuli M dingonkar	Poingan Kar
Isha V Patil	Apali 1
Akshata s Bharati	Akshoda.
Minal . D. Sarvankar	Member
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APPRECIATION LETTER

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NAME/ TITLE OF THE PROGRAMME: TREE PLANTATION AT PRIMARY HEALTH CARE

DATE: 6th June 2022

VENUE: Vangani Primary Health Center.

PARTICIPANTS:B.Sc. & ANM Nursing students.

NUMBER OF PARTICIPANTS: 62 students.

AIM:

1. To save the endangered environment

DESCRIPTION/ PROCEDINGS OF THE PROGRAMME/ ACTIVITY:

The Extension Unit, NSS Unit of our college collaborated with Vangani Primary Health for Tree Plantation on 6th June 2022.

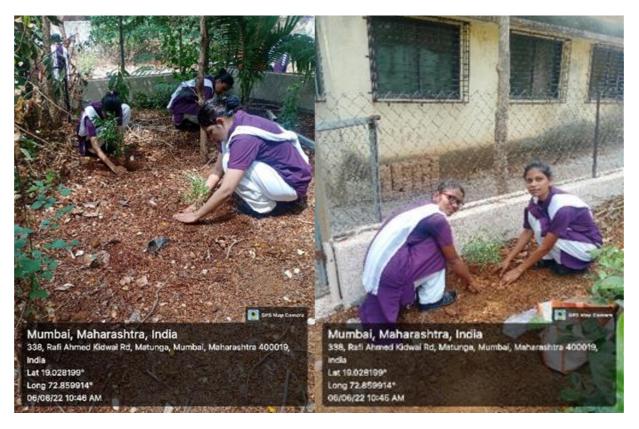
Tree Plantation started at 10 am, where students actively participated and they planted total 40 plants along faculty members.

GEO-TAGGED PHOTOGRAPHS



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Matunga, Mumbai - 400 019.













ATTENDANCE SHEET

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20) Vaishnavi Mahondra vedre.

21) Gauri Manohar veer

22) Sandhya Mahendra Yadau.

Saudhya

Saudhya



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Matunga, Mumbai - 400 019.



NAME/ TITLE OF THE PROGRAMME: FOOD DEMO AT PRIMARY HEALTH CARE

DATE: 6th June 2022

VENUE: Vangani Primary Health Center.

PARTICIPANTS: B.Sc. & ANM Nursing students.

NUMBER OF PARTICIPANTS:62 students.

AIM:

1. To improve and maintain the nutritional status of the community

DESCRIPTION/ PROCEDINGS OF THE PROGRAMME/ ACTIVITY:

The Extension Unit, NSS Unit of our college collaborated with Vangani Primary Health for Tree Plantation on 6th June 2022.

Tree Plantation started at 10 am, where students actively participated and they planted total 40 plants along faculty members



Principal
Smt. Sunanda Pravin Gambhirchand
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Mutunga, Mumbai - 400 019.











Principal
Sept. Sunanda Pravin Gambhirchand
College of Nursing
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Matunga, Mumbai - 400 019.



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4) Ravina Manchar Dalvi	and an
5] Harshala Bhagwan Dalvi	aus
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Aarti sampat pandhare.	Pandhore.



Principal
Sext. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road.
Metunga, Mumbai - 400 019.



REPORTONWORLDENVIRONMENTDAY-2022

Cleaning Drive

DateandDay:4thJune2022, Saturday.

Venue: St.Mary's JSO Church Premises

Participants: First Year B.Sc. Nursing

StudentsFLYEROFTHEPROGRAM





Principal
Sont. Sunanda Pravin Gambhirchand
College of Nursing
338, R. A. Kidwai Road.
Matunga, Mumbai - 400 019.



The IQAC, NSS and Extension Unit of our College has celebrated World Environment Day- 2022on4thJune2022incollaboration with St.Mary's JSO Church, Naigaon.

PROCEDINGSOFTHEPROGAM

The program began at 8 am by dividing the students into 5 different groups to cleaneach sides of the premises. They collected paper waste, plastic wastes, and wastesfrom coconut trees. They arranged the coconut covers around the coconut trees. Collected allwastes and broom the premises. Snacks were provided from the church.

GLIMPSESOFCLEANINGDRIVE























RECEIVING APPRECIATION

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.







REPORTONWORLDENVIRONMENTDAY-2022

PlantationDrive

Date and Day: 4th June 2022,

Saturday. Venue: St. Mary's JSO Church Premis

es

Participants:FirstYearB.Sc.NursingStudents

SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES 338, R.A KIDWAI ROAD, MATUNGA-400019 The IQAC, NSS & Extension Unit in collaboration with St. Mary's JSO Church on the occasion of WORLD ENVIRONMENT DAY -2022 WORLD ENVIRONMENT DAY -2022 Cleaning and Plantation Drive On 4th June 2022 at 8 am Venue: St. Mary's JSO Church, Naigaon, Mumbai Diocese





The IQAC, NSS and Extension Unit of our College has celebrated WorldEnvironmentDay-

 $2022 on 4^{th} June 2022 in collaboration with St. Mary's JSO Church, Naiga on.\\$

PROCEDINGSOFTHEPROGAM

The program began at 8 am by dividing the students into 5 different groups to do plantingsaplings over the sides of the premises. They planted herbs, flowers, bushes etc. Snacks were provided from the church.

GLIMPSESOFCLEANINGDRIVE













RECEIVING APPRECIATION

College and students were appreciated by the managerial body of the St. Mary's JSO Church Naigaon by providing certificates to college and students.







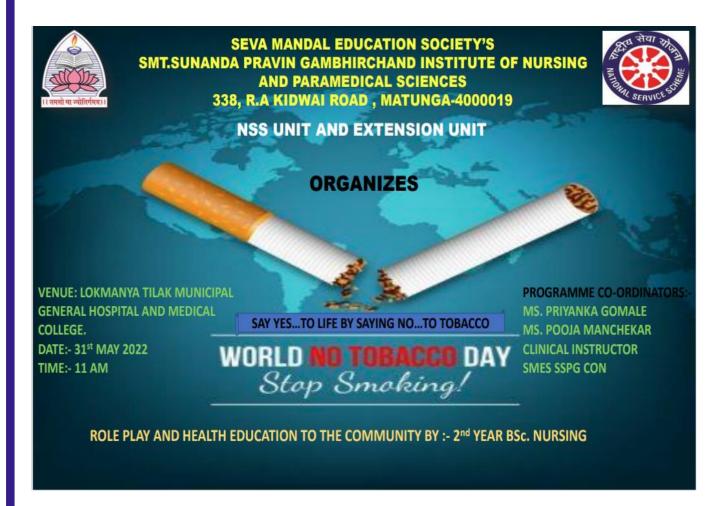
Report on World No-Tobacco Day

Date and Day: 31st April2022, Tuesday.

Venue: Lokmanya Tilak Municipal General Hospital and Medical College

Participants: 2nd Year B.Sc. Nursing

FLYER OF THE PROGRAM









The NSS and Extension Unit of our College has celebrated World No-Tobacco Day on 31stApril 2022 in collaboration with Lokmanya Tilak Municipal General Hospital and Medical College. The main aim of this day is to create awareness about the ill effects of tobacco, its causes and the preventable measures.

PROCEDINGS OF THE PROGRAM

The program began at 9.30 am 15 Second year Basic B.Sc Nursing students along with faculty Ms. Pooja Manchekar actively participated in this activity. The activity was carried in order to draw global attention to the tobacco epidemic and the preventable death and disease it causes.

Students started role play with introduction of the topic, what are the causes, its impact on health which can lead to disease, and its prevention. They performed role play with the help of A.V Aids through which the message was conveyed easily. After that feedback was taken from the group.





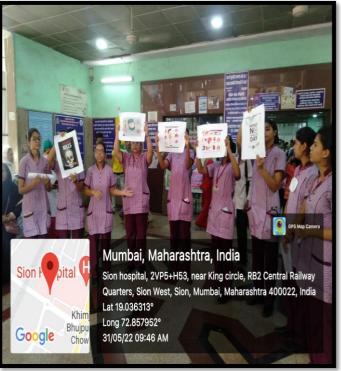


GLIMPSES OF THEPROGRAM



























ATTENDANCE SHEET

No	Name	1 1
1	Siddhi Sanjay Anjarlekar	Signature:
2)	Pratiksha Annasaheb Bachkar.	Produkar
4)	Tanvi Thakur Bhoir	Shois
	Ravina Manohar Dalvi	andari
1	Harshala Bhagwan Dalvi	Ques
	Janhavi Bblaji Dhivar.	W von
	Poornima vijay Ingle.	W.
	Tanhavi Rajendra kamble.	fantile
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F) Aar	ti sampat pandhare.	Pandhare

	3 M. A. S. S.	2, 8 6
Sr.	Name	Signature.
	Shreya sandeep Rane	Marie
17)	Yoga suresh shelavale.	- Freduck
18)	sakshi kundalik shinde	Shindel
19)	Trusha santosh sitap.	Eilag.
20]	Vaishnavi Mahendra vedre.	Yester
	Gausi Manohar Veer andhya Mahendra Yadau.	Southy







Report on Poshan Pakhwada Abhiyan

Date and Day: 18th April 2022, Monday

Venue: K.E.M. Hospital

Participants: Fourth year Basic BSc Nursing Students

FLYER OF THE PROGRAM



Under **IQAC AND EXTENSION ACIVITIES** the College participated in the "**Poshan Pakhwada Abhiyan**" in collaboration with **NSS** at K.E.M. Hospital(Antenatal OPD) on 18th April 2022, Monday at 01.30Pm to 02.30 Pm.

Aims:-

❖ To Improve Nutritional outcomes for children, pregnant women and lactating mothers.

Objective:-

- ❖ Prevent and reduce Stunting in children (0- 6 years)
- ❖ Prevent and reduce under-nutrition (underweight prevalence) in children (0-6 years)
- ❖ Reduce the prevalence of anemia among young Children(6-59 months)







- ❖ Reduce the prevalence of anemia among Women and Adolescent Girls in the age group of 15-49 years
- * Reduce Low Birth Weight (LBW)

PROCEEDINGS OF THE PROGRAM

Poshan Pakhwada Abhiyan was organized in collaboration with NSS at K.E.M. Hospital (Antenatal OPD) on 18th April 2022, Monday at 01.30Pm to 02.30 Pm. 10 Fourth year Basic BSc Nursing Students along with faculty Ms. Priyanka Gomale and Ms. Sunita Sargar, actively participated in the activity. The activity is carried out under the Swasth Bharat Preraks governmental Project in order to create a significant impact on the state of health of pregnant women's and healthy child.

The activity began at 01.30Pm with the welcome of all the Antenatal mothers by Fourth year Basic BSc Nursing Students. Then they performed role play on Antenatal diet, also they have prepared A.V Aids on Antenatal care. They discussed about the Do's and Don'ts regarding pregnancy. Even they cleared the myths followed by people from generation to generation related to pregnancy and new born care. At the end of the program student distributed the pamphlets to all Antenatal mothers. To improve their day to day Diet. The session was concluded with feedback from the Antenatal mothers and followed by question answer session.







GLIMPSES OF POSHAN PAKHWADA ABHIYAN















ATTENDANCE SHEET

	N. Children	
1	Jyotsna Pawale	Primele
	Disha KaleKab	Rater.
	Saroj Gaokar	Spaculcar
	Divya Gawade	Gavada.
	Mansi Shigwan	Digwen
	Prajakto Patil	late:
	Shreup	Davars.
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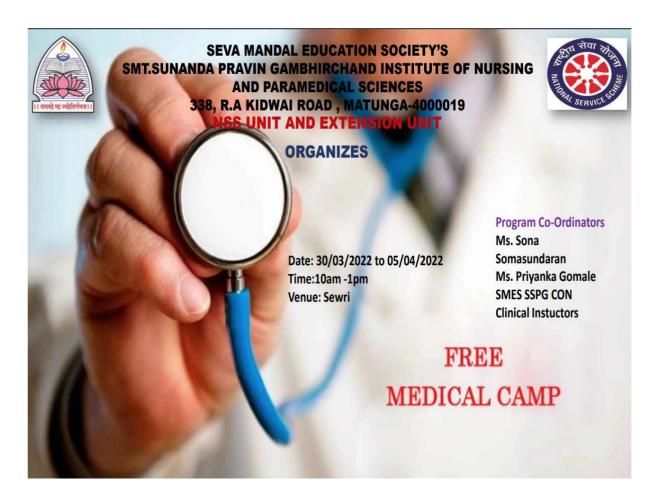
Report on Medical Health Camp

Date :3rd March & 5th March 2022

Venue: Sewri

Participants: B.Sc. Nursing

FLYER OF THE PROGRAM

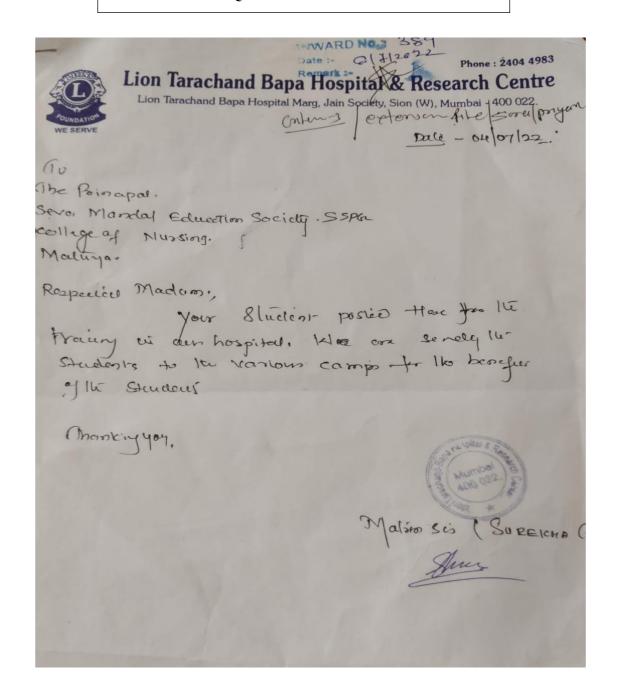








REQUIREMENT LETTER









The extension Unit and NSS Unit of our college in collaboration with Lions Tarachand Bapa Hospital had organized free medical camp at Sewri on 03/03/2022 & 05/03/2022 from 10am -1 pm. Camp had free Blood Pressure, Sugar, SpO2, ECG & Eye check-up.

Check-up construction workers. Counters were prepared for registration, History taking, Physical Examination, Vital Signs Checking, ECG Checking. Total 500 Beneficiaries were benefited from this camp. After completion workers were provided with snacks

After the health check-up suspected candidates were referred to Lions Tarachand Bapa Hospital for further treatment.

Students were provided with breakfast and lunch and also appreciated for the same.







STUDENTS CHECKING VITAL SIGN OF THE WORKERS









STUDENTS RECEIVING APPRECIATION









ATTENDANCE LIST

Lion Tarachand Bapa Hospital & Research Centre
Lion Tarachand Bapa Hospital Marg. Jain Society.

19/02/2000

15 Nicole m. Ambrose
24 Simmon R. C
37 Finnami Sakhat

41 Gauri Longde







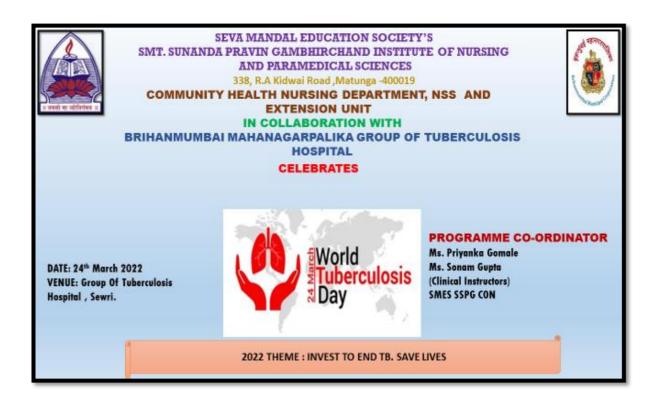
Report on World Tuberculosis Day

Dateand Day:24thMarch2022, Wednesday.

Venue: Group of Hospitals, Sewri

Participants: Final Year B.Sc. Nursing Students

FLYEROFTHEPROGRAM



The Community Health Nursing, NSS and Extension Unit of our College has celebrated World Tuberculosis Day on 24th March 2022 in collaboration with Brihanmumbai Mahanagar Palika, Group of Tuberculosis, Sewri.







PROCEDINGS OF THE PROGRAM

The program began at 1pm with the welcome of their Medical Superintendent, Medical Director, then our Final Year B.Sc Nursing Students started their Role Play where the enriched patients and their relatives about Tuberculosis, Sign & Symptoms, Drugs and its side effects, Hygiene and Dietary Management













RECEIVING APPRECIATION FROM THEIR MANAGEMENT

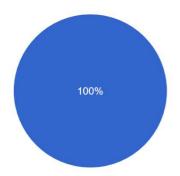
Our students were appreciated by their managerial body about their role play which was benefited to the community and also teachers received an appreciation for the same.





FEEDBACK OF THE EVENT

Did you like to have more activities like this? 35 responses











ATTENDANCE SHEET

	classmate
	TB. Hospital Act Page
	Jyotsna Pawale Prince
	Disha Kale Kab Vallo.
	Saroj Gaokar Stacukar
	Divya Gawade Sanat.
	Mansi Shigwan Digener
	Prajakto Patil Jat.
	Shreya James.
	Shruti
	Shradha
	Manasi Labole cullabole
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ReportofDakshabenPathakMemorial Healthcamp

Date: 24/03/2022

Time: 8amto4pm

Venue:Seva Mandal Education SocietySmt.Sunanda Pravin Gambhirchand CollegeofNursing.Nursingfoundationlab(8thfloor)

On 24th March 2022, Dakshaben Pathak Memorial health camp was organized in collaboration with Lions Club of Sion for all teaching and non-teaching staff within thecampus..

MEDICAL CAMPFLYER



SEVA MANDAL EDUCATION SOCIETY'S SMT.SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES



IN COLLABORATION WITH LIONS CLUB OF SION Organizes



SMT.DAKSHABEN PATHAK MEMORIAL MEDICAL HEALTH CAMP

ON 24TH MARCH 2022 | 8AM-4PM Venue: 8TH FLOOR NURSING FOUNDATION LAB

THE MEDICAL CAMP

- Dental Check Up
- Eye Check Up
- Pap Smear
- Total Lipid Profile
- Diabetes Profile
- Thyroid Tests
- Bone Mineral Density
- Vitamin D
- Complete Blood Count

Medical Health Camp is open for all Teaching and Non-Teaching Faculty

Registration fees (Rs.150)

SCAN QR Code for REGISTRATION



Contact Details: Teaching: Ms.Sona S and Ms.Deepali: 9769758835 / 8329852877 Non-Teaching: Ms.Jyoti B: 8291568742

Principal Mrs. SHILPA SHETTIGAR Vice Principal Mrs.DELPHINA GURAV







PROCEDINGSOFTHEPROGRAMME

The Camp began at 8am with welcome address given by Mrs.Delphina Gurav (Vice Principal, SMES SSPGCON). The Dakshaben Pathak Memorial health camp was inaugurated by the Management members of Seva Mandal Education Society, Executive members of Lions Club, Principal, and Vice Principal from all colleges of Seva Mandal Education Society.





WELCOMEADDRESS

INAUGURATIONOFTHEMEDICAL CAMPANDLAMPLIGHTING













There were total 113 registration for the medical camp .The medical team for the camping included Health care members from Lions Hospital of various departments like Gynaecology, Dental, Orthopedic, Cardiology .Eye check-up was organized in collaboration with Ophthalmology department from Bachooali Hospital. There were total 8 counters

Counter1: Registration

Counter 2: HGT and Blood pressure

monitoringCounter3: Blood Collection

Counter 4: Dental

checkup Counter5:

ECG

Counter6:Eye check up

Counter 7: Bone Mineral Density

Counter8:Gynaecologic

examination

Following the medical check –up few staffs were referred to Lions Hospital for further checkup and investigation







REGISTRATION





BLOODCOLLECTION





HGTAND BLOODPRESSUREMONITORING



ECGMONITORING









EYECHECK UP



DENTALCHECKUP



The Medical camp came to an end at 4pm with holistic co-ordination of the team members .It was well appreciated by all the members of management .Ms.Delphina Gurav(Vice Principal) thanked the management members and executive members of Lions Club for theirsupport for the successful organization of the health camp. The efforts of the Doctors, Nursing staff ,Technicians, Nursing students and facultytowards the conduct of the camp was highlyappreciated.The reports of the blood test werehandedover tothebeneficiaries withinaweek.







Report on Pulse Polio Vaccination

Date and Day: 27th February 2022, Sunday.

Venue: Dharavi Health Post, Mahim Health Post

Participants: 2nd Year ANM Nursing

FLYER OF THE PROGRAM



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING AND PARAMEDICAL SCIENCES





EXTENSION UNIT

ORGANIZES

PULSE POLIO VACCINATION DRIVE

DATE: 27th February 2022

DAY: Sunday

TIME:8 am - 5pm



पोलिओचे डोस पाजा.

PROGRAM CO-ORDINATORS

Ms. Swati Patil (Clinical Instructor) SMES SSPG CON.

Ms. Rashmi Jadhav (Sanitary Inspector) SMES SSPG CON

"LET THE VICTORY OVER POLIO CONTINUE WITH TWO DROPS OF LIFE"

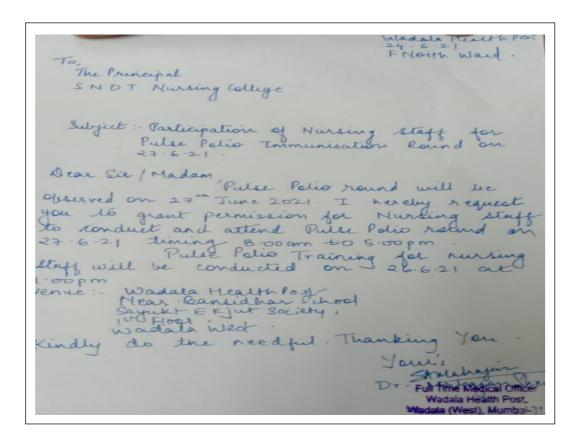
S







REQUIREMENT LETTER



The college had received a requirement letter from Wadala health post stating the requirement of student nurses for conducting pulse polio vaccination drive. They were posted in health post center and were send home to home for delivering polio vaccines Total 40 students had participated in this drive and approximately 300 children were benefited from this drive.

Students were being provided with appreciation letter, and renumeration for that day.







GLIMPSES OF THE DRIVE

















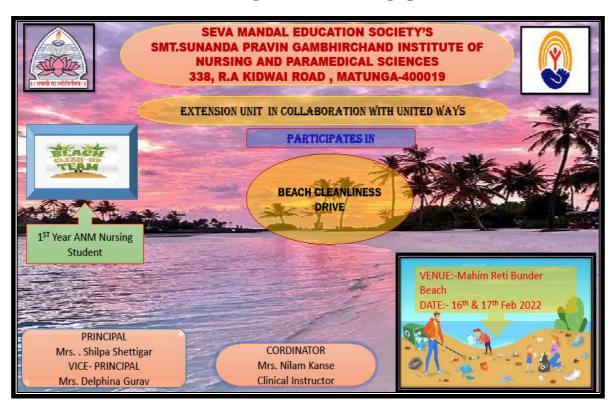
Report on Beach Cleaning Drive

Date and Day: 16th and 17th February 2022, Wednesday and Thursday.

Venue: MahimRetiBunder beach

Participants: First year 40 Nursing students

FLYER OF THE PROGRAM



Under **IQAC AND EXTENSION ACIVITIES** the College participated in the "Beach cleaning drive" in collaboration with **United Ways** at Mahim Reti Bunder beach for two day from 16th February 2022 till 17th February 2022 at 8.00Am to 10.30 Am.

Aims:-

❖ To keep our shoreline clean

Objective:-

- ❖ To remove trash/debris from the beaches and water ways.
- ❖ To increase awareness on the extent of marine debris problems.
- ❖ To popularized concept of waste management.
- ❖ To promote clean, healthy and sustainable costal environment.







❖ To change behavior that causes pollution.

PROCEEDINGS OF THE PROGRAM

Beach clean-up drive was organized in collaboration with United Way on 16/02/2022 and 17/02/2022 under Clean Shores Mumbai project. 40 Nursing students along with faculty Mrs. NilamKanse and Ms. RashmiJadhav, actively participated in the drive. The activity is carried out under the Clean Shores Mumbai Project in order to create a significant impact on the state of cleanliness at the beach.

The drive began at 8.00am with the welcome of all the participants by Ms. MitaliMutta, program coordinator of United Ways. She discussed about the Do's and Don'ts of drive, she also explained the need of Beach Cleaning drive and segregation of waste material and their disposal methods.









INFORMATION BEFORE STARTING DRIVE

Ms. Mitali then distributed all the safety equipment, such as Mask, Gloves and waste carrier. The participants removed huge number of plastic bags, holy garbage such as (coconuts, flowers, pots, lamps, cloths etc.) dippers gunny bags, glasses, non-biodegradable stuffs etc. which were accumulated on the shores. Total 1500 kg of waste collected by the students which were segregated accordingly and sent to BMC for degeneration.

GLIMPSES OF BEACH CLEANING DRIVE



















BEACH CLEANING PROCESS























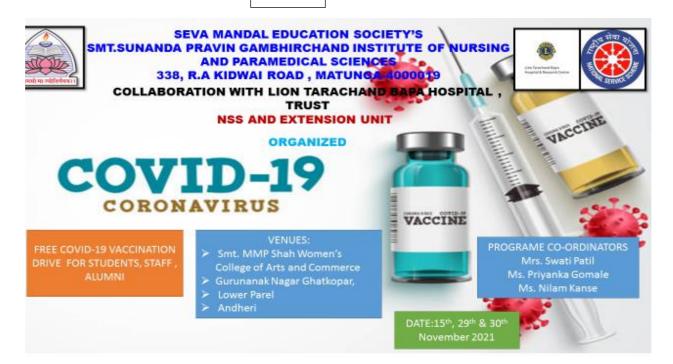
Free covid-19 vaccination drive

Venue:

- > Smt. MMP Shah Women's College of Arts and Commerce
- > Gurunanak Nagar Ghatkopar,
- ➤ Lower Parel
- > Andheri

DATE: 15th, 29th & 30th November 2021

FLYER









Report on covid vaccination

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing in collaborationwith NSS unit of colleges conducted "one day free Covid-19 Vaccination Drive for students ,Alumni and Staff members ' for Orange and Yellow card holders on 15th , 29th and 30thNovember 2021 where our four Fourth year Basic BSc Nursing students actively participated in it.

Students did Registration and collected the documents followed by they have administered the Intramuscular vaccination to the participants. Mrs. NilamKanse (Clinical Instructor SMES SSPG CON), Ms. Priyanka Gomale (Clinical Instructor SMES SSPG CON), they guided and supervised the studentsthrough out the program and even all safety measures being provided to the students.

Program starded at 10 am and ended at 5 pm the total 98 students from all colleges being vaccinated by our students. During program all precaution were taken such as distance maintained, all were in mask etc.

Our students were appreciated for there work by the managements committees.

Glimpses of the programe



























WORLD DIABETES DAY 2021-2022

THEME: Access to Diabetes Care.

AIM: The aim is **to raise awareness of the impact that diabetes has on the family and support network of those affected**, as well as promoting the role of the family in the management, care, prevention and education of diabetes.

OBJECTIVES:

To create awareness about the importance of diabetes.

To use the power of digital technology to connect every heart, everywhere.

Date- 14/11/2021

Participants: Third Year Basic BSc. Nursing Students

Guided by: Ms. Pooja Manachekar (Clinical Instructor)

Mrs. NilamKanse (Clinical Instructor)

Description-

On the day of 14/11/2021 celebrated 'WORLD DIABETES DAY'. On this day students made a Video on an access to diabetes care. And uploaded on college you tube channel SMES CON and given foot care demonstration and pamphlet distribution in community to spread awareness about prevention and management of diabetes.

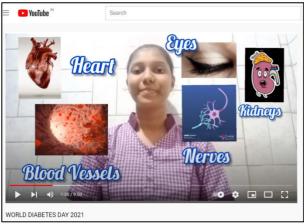
Following was the Link for the video -https://youtu.be/Wzyj0-uFCUg

















WORLD DIABETES DAY 2021











DEMONSTRATION AND PAMPHLET DISTRIBUTION





















REPORT ON BLOOD DONATION CAMP

VENUE:-Smt. MMP Shah Women's College Of Commerce

DATE:-17th December 2021

INVITATION LETTER

SEVA MANDAL EDUCATION SOCIETY'S

SMT. SUNANDA PRAVIN GAMBHIRCHAND INSTITUTE OF NURSING & PARAMEDICAL SCIENCES

SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING GNM SCHOOL OF NURSING (Proposed) & ANM SCHOOL OF NURSING Affiliated to: Maharashtra University of Health Sciences, Nashik. Maharashtra State Board of Nursing and Paramedical Education Recognised by: Indian Nursing Council, Maharashtra Nursing Council

MUHS IMPACT ASSESSMENT A+ GRADE (2018-2019) Chairman
Dr. Bharat M. Pathak
Shri Rajiv Shah
Mrs, Shilpa Shettigar
Dr. Lutha Choudhari SEVA MANDAL EDUCATION SOCIETY
President Hon, Secretary
Dr. Dilip R. Trivedi Shri Pravin G. Shah

Date: 16/12/2021

OTHER COURSES

Transplant Coordinato Certificate Course

SKILL COURSES

ECG technician

CSSD Technician Radiology Technician

Lab assistant

Dialysis assistant

Cath Lab assistant

Ref.No.: 571

Dr Anuraddha Bandodkar,

Blood Bank Incharge,

Smt. S.R.Mehta & Sir K.P. Cardiac Institute

Blood Bank

King Circle, Mumbai-22

Dear Madam,

Sub:- Invitation for arranging Blood Donation Camp

It would be our pleasure to invite you at our blood donation camp which is held on 17th December 2021 from 8 a.m. to 1.00 p.m. Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand College of Nursing. The details of our Blood Donation Camp are as follows.

Venue : Smt. Maniben M. P. Shah Women's College Of Arts

& Commerce, Matunga, Mumbai : 17th December 2021

Date : 8.00 a.m. to 1.00 p.m. Time

Thanking you.

Yours faithfully,

Principal In charge,

Seva Mandal Education Society's Smt. Sunanda Pravin Gambhirchand

College of Nursing

Website: www.smescon.in Email Id: smes6127003@gmail.com Phone No: 022-24095792/ 24024585

Address: Smt. Parmeshwari Devi Gordhandas Garodia Educational Complex, 338, R.A. Kidwal Road, Matunga, Mumbal-400019

Supported Clinically by Smt. S.R. Mehta & Sir K.P. Cardiae Institute



FLYER









Seva Mandal Education Society's Smt. SunandaPravinGambhirchand College of Nursing's NSS cell and Extension cell organized Blood Donation Camp in collaboration with Smt. S. R. Mehta & Sir K. P. Cardiac Institute on 17th December 2021 from 8 to 1 pm in Smt. MMP Shah Women's College Of Commerce Foyer.

Camp started with screening then registration and collection of blood, after this the donors were given with refreshment and certificate from the hospital management. Total 54 donors had donated blood. Successfully completed blood donation camp.







GLIMPSES OF THE CAMP























APPRECIATION LETTER

SMT. S. R. MEHTA & SIR K. P. CARDIAC INSTITUTE BLOOD CENTRE

(F. D. A. Licence No. : 35-28C)

ment Room No.1-12, Plot No. 96, Road No. 31, Near Gandhi Market, King's Circle, Sion (E), Mumbai - 22, Phone : 2403 5454-59 / Fax : 91-22-2409 4732 ● website : www.srmkpcardiac.com



Date: 17/12/2021

To,

SEVA MANDAL EDUCATION SOCIETY

Sub: Letter of Thanks

Respected Sir,

We thank you for organizing the Blood Donation Camp on 17/12/2021 and we are grateful to all the donors for their generous contribution.

We would like to inform you that the total no of donors were 54 and we promise you that this will be used for the noble cause of giving life to some one in need. Safe and quality blood starts from voluntary Blood Donation.

The camp was very well organized with enough care to the donors to make it very successful. It was really a wonderful experience for us and we look forward for your support for this noble cause in future too.

Yours thankingly,

Dr. Anuradha Bandodkar **Blood Centre Medical Officer**

DR. ANURADHA BANDOOKA MEDICAL OFFICER BLOOD CENTRE





WORLD DAY OF SAFETY AND HEALTH AT WORK

Date: 29/09/2021

Venue: Smt. S R Mehta & Sir K P Cardiac Institute

FLYER



Seva Mandal Education Society's Smt. SunandaPravinGambhirchand College of Nursing celebrated World Day of Safety Health at Work in collaborationSmt. S R Mehta & Sir K P Cardiac Institute on 29th September 2021 by spreading awareness regarding the working staff at hospital site where our Fourth year Basic BSc Nursing students actively participated in it. Students performed role play along with Ms.

Ashwini Baste (Clinical Instructor SMES SSPG







CON), Ms. Priyanka Gomale(Clinical Instructor SMES SSPG CON), they guided students regarding the safety and health at work by spreading knowledge about how to prevent from fall due to slippery floors, how to use call bell in case of emergency near bedside or in washroom, use of side rails.

Roly play began with introduction of the topic to the patients at hospital, then they executed the role play by giving information about how to maintain their safety during hospitalization, Students and teachers showed gratitude to the hospital management team.

Our students were appreciated for this role play by the hospital staff, patients and managements committees.







Glimpses of the programe























WORLD HEART DAY 2021-2022

THEME: Harnessing the power of Digital Health to improve Awareness, Prevention and Management of CVD globally.

AIM: To help people all over the world lead longer and better heart-healthy lives.

OBJECTIVES:

- To create awareness about the importance of healthy heart.
- To use the power of digital technology to connect every heart, everywhere.

Date- 29/09/2021

Participants: Final Year Basic BSc. Nursing Students

Guided by: Mrs. TejasviPavaskar (Lecturer)

Ms. Pooja Manchekar (Clinical Instructor)

Description-

On the day of 29/09/2021 celebrated 'WORLD HEART DAY'. On this day students made a

video on a Harnessing the power of Digital Health to improve Awareness, Prevention and

Management of Cardiovascular diseases and uploaded on college you tube channel smes CON

to spread awareness about prevention and management of heart disease.

Following was the Link for the video –

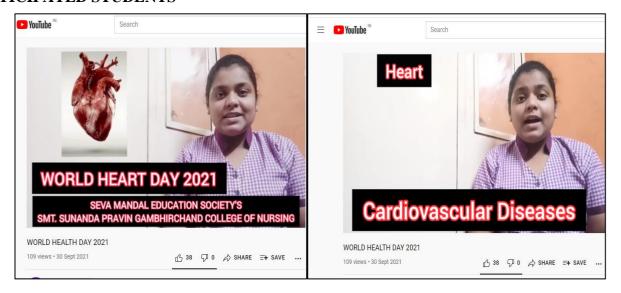
https://youtu.be/ers_JxbzjSc

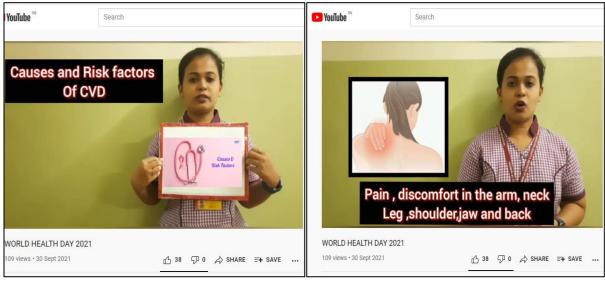






PARTICIPATED STUDENTS

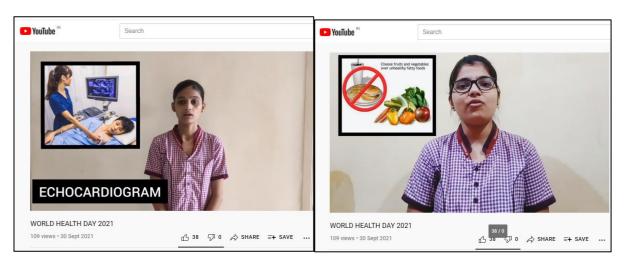


















Date and Day: 18th September 2021, 21stSeptember 2021

Venue: Mahim Beach

Participants: BSc., ANM Nursing students

FLYER



BEACH CLEANLINESS DRIVE

Under **IQAC AND EXTENSION ACIVITIES** Beach Cleaning drive is conducted in collaboration with United Ways on 18th September 2021 at Mahim Beach. The activity is carried out under the Clean Shores Mumbai Project. As a part of this project, United Way Mumbai along with stakeholders helps to create a significant impact on the state of cleanliness at the beach.

AIM:To establish a continuous and progressive series of actions to improve the environmental quality of beaches.

OBJECTIVES:

- 1. To promote hygiene and cleanliness of beaches
- **2.** To improve the coastal and ocean ecosystem

by ensuring that none of the







trash kills marine life or is toxic enough to disrupt the aquatic life cycle.

DESCRIPTION:

Beach clean-up drive was organised in collaboration with United Way on 18/09/2021 under Clean Shores Mumbai project. All the students of First year ANM along with faculty Ms. Swati More actively participated in the drive. They were provided with safety materials like aprons, mask and gloves and thus picked up plastic articles, bags and non-biodegradable stuffs which were accumulated on the shores. Total 270 kg garbage has been collected by the students. These wastes were collected in dustbin, segregated and sent to BMC department. The event ended with vote of thanks by our students and photo session.

GLIMPSES OF BEACH CLEANING DRIVE



STUDENTS COLLECTING WASTES FROM BEACH STUDENTS GATHERED WASTES IN GARBAGE BAG









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the shores. Total 290 kg garbage has been collected by the students. These wastes were collected in dustbin, segregated and sent to BMC department. The event ended with vote of thanks by our students and photo session.

GLIMPSES OF BEACH CLEANING DRIVE



STUDENTS COLLECTING WASTES FROM BEACH STUDENTS GATHERED WASTES IN GARBAGE BAG







DRIVE







LACTATHON-BREAST FEEDING WEEK

Date and Day: 17th August 2021

Venue: Nowrosjee Wadia Maternity Hospital.

Participants:FourthyearBasicBScNursing, 2nd ANM Nursing Students

PERMISSION LETTER









FLYER



SEVA MANDAL EDUCATION SOCIETY'S SMT. SUNANDA PRAVIN GAMBHIRCHAND COLLEGE OF NURSING

CELEBRATION OF BREASTFEEDING WEEK

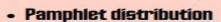
"LACTATHON: REACHING OUT TO INDIVIDUAL MOTHERS"

In collaboration with National Service scheme Unit

TUESDAY 10 AM TO 12 PM

17th August 2021, Tuesday

10am to 12pm



Demonstration of breastfeeding skills



Venue:

Nowrosjee Wadia Maternity Hospital









PROGRAM HIGHLIGHTS

CELEBRATION OF BREAST FEEDING WEEK

Theme: "LACTATHON: REACHING OUT TO INDIVIDUAL MOTHERS"

PROGRAM HIGHLIGHTS: 17 th August 2021

Sr no	SCHEDULE	TIME
1	Introduction by students about	10.00 am – 10.10 am
	college/NSS unit in ANC/PNC wards.	
	• 40 Final Year Basic B.Sc Nursing	
	students (ANC/PNC mothers)	
	• 40 ANM students(Caesarean section mothers)	
2	Each student will cater to 1 mother.	10.10 am – 10.40 am
	(Health education to mothers about	
	breast feeding, demonstration of techniques.	
	importance).	
3	Distribution of :-	10.40 am – 10.50 am
	a)Pamphlets on breast-feeding	
	b) CHO/Protein rich supplement	
4	Thank you to the mothers/ nursing staffs.	10.50 am – 11.00 am







REPORT

DATE: -17th August 2021

TOPIC: -Lactathon: Reaching out to individual mothers

VENUE: -NowrosjeeWadia Maternity Hospital.

On 17th August 2021 Seva Mandal Education Society, Smt.
SunandaPravinGambhirchand College of Nursing has organized a program for celebrating breast feeding week in collaboration with NSS unit of our college. Where final year BSc Nursing 40 students and ANM 40 students participated in this program.

Every year this event is celebrated in the form of rally but due to Covid-19 pandemic, since last 2 years it is conducted virtually. However this year this event has been conducted by students and teachers in Wadia Hospital, where students counselled individual mothers regarding the importance and techniques of breast feeding. Distribution of nutritional supplements like banana and chikki to Antenatal and Postnatal mother were done by our students.

Mothers were benefited from this program, students and teachers were appreciated by Matron, Nursing Educator and Sister Incharge of respected ward of Wadia Hospital.







GLIMPSES OF THE EVENT















PAMPHLET

- जल्दी ग्रुरू करने से सानपान की शंकलता की संभावना बढ़ जाती है। सान से निकलने वाला पीले रंग का इब, जिसे कोलोक्ट्रम कहते हैं, हिंग्यु को संक्रमण से बचाने और उसकी प्रतिरोधक के समा को मजबूत करने का शब्द अबका उपाय है। यह एक टीका है। स्वन्यान तकाल ग्रूरू करने के सबसे अबका उपाय है। यह एक टीका है। स्वन्यान तकाल ग्रूरू करने से सन्तों में सुजन या प्रस्केतर रक्तस्वय की शिकायत नहीं होती शास्त्राधिकत्या से शिया जन्म देनोजति माताएं भी तक्तमपान करा सकती है। यह ज्ञात्य क्रिया आपकी सफल सत्तन्यान की समता पर असर नहीं शास्त्री है। यह ज्ञात्य खारत्य किया अपकी सफल या एनीस्वीसिया के प्रभाव से बाहर आने के बाद आप स्तन्यान करा सकती हैं। यह प्रत्य की एक करवट में हूका सकती हैं। यह पर प्रमाण करा सकती हैं। यह लिए अपने शिया को अपने पेट एक हों के स्वर्थ को अपने पेट एक हों से स्वर्थ को अपने पेट एक हों कर सत्तन्यान करा सकती हैं। स्वर्थ के अपने सिया को अपने पेट एक हों हों से स्वर्थ को अपने पेट पर लिटा कर सत्तन्यान करा सकती हैं। स्वर्थ के अपने सिया को सफलतापूर्व करना सकती हैं।

मां के लिए स्तनपान करवाने के जरूरी टिप्स- शिशु भूखे होने का संकेत



अगर शिशु अपना हाथ या आसपास का समान चाटने लगे।अगर शिशु कुछ चूसने लगे, तो भी वह भूखा हो सकता है।अगर शिशु आपके कंधे पर अपना सिर ऊपर नीचे करने लगे। अगर शिशु जोर-जोर से रोए, तो यह भी भूखे होने का संकेत हो सकता है।

कब तक स्तनपान कराना चाहिए

- ... राज्यान कराना चाहिए साधारणतया कम से कम छह महीने तक खिचु को स्तनपान कराना चाहिए और उसके बाद दो साल या उसके बाद तक भी स्तनपान कराया जा सकता है। माता के बीमार होनेपर भी यिखु को स्तनपान कराना जरूरी होता है। अगमतीर पर साधारण बीमारियों से स्तनपान करनेवाती खिचु को कोई नुकसान नहीं पहुंचता। यहां तक कि टायकायड, महीरेया, यक्ष्मा, पीलिया और कुछ रोग में भी स्तनपान पर रोक लगाने की सताह नहीं दी जाती है।









World Breast Feeding Week 2021



Lactathon: Reaching out to individual mother

विश्व स्तनपान सप्ताह 2021

- सानवान के शिशु को साभ

 मां का दूध केवल पोषण ही नहीं, जीवन की धारा है

 मां का दूध केवल पोषण ही नहीं, जीवन की धारा है

 शिशु को पहुंच छह सहीने तक केवल सानवान पर ही निर्भर रखना चाहिए।

 पह रिष्णु के जीवन के लिए जरूनी है, क्योंकि मां का दूध
 सुपाव्य होता है और इससे पेट की गढ़कड़ियों की आयंका

 नहीं होती।

 मां का दूध शिशु की प्रतिरोधक क्षमता बढ़ाने में भी सहायक होता है।

 सानवान से दमा और कान की बीमारी पर नियंत्रण कायम होता है।

 सानवान से उमा और कान की बीमारी पर नियंत्रण कायम होता है।

 स्वानवान से जीवन के बाद के चरणों में रक्त केसर, मधुमेह और उच्च रकाया
 खारा काय हो जाता है।

 सानवान से जीवन के बाद के चरणों में रक्त केसर, मधुमेह और उच्च रकाया

- मां को स्तनपान के साथ

 यी माताओं द्वारा स्वनपान कराने से उन्हें गर्भावस्था के बाद होनेवाली शिकापतों से मुस्कि वित्व जाती है।

 इससे तनाव कम होता है और प्रसव के बाद होनेवाले रक्तस्थाव पर नियंत्रण पाया जा सकता है।

 मां के विए दीर्घकातिक साथ हृदय रोग, और रुमेटी गठिया का खतरा कम किया है।

 स्तनपान करानेवाली माताओं को स्तन या गर्भाशय के कैंसर का खतरा न्यनतम

- है। स्तनपान करानेवासी माताओं को सान या गर्भाशय के कैंसर का खतरा न्यूनतम होता है। स्तनपान एक प्राकृतिक गर्भनिरोधक है। स्तनपान स्विधायनक, मुख्त (शिश्व को बाहर का दूध पिताने के लिए दुग्ध मिश्रण, बीतत और अन्य खारी सामान की जल्पत होती हैं। और कससे बढ़ कर गी तथा शिशु के बीच आवनात्रका संबंध पणबुहा करने का सुसार साधन है।









कियु के होंठ की पॉजिशनंशियु का मुंह मां के स्तन के पास होना वाहिए। इससे शिखु के होंठ की पॉजिशन सही से बन पाएगी और वह आराम से दूध पी सकेगा।

- स्तन पान विधि

 शिशु के जन्म के फौरन बाद स्तन्धान शुरू कर देना चाहिए। जन्म के तत्काल बाद नम्न शिशु को (उसके चरीर को कोमलता से सुखाने के बाद) उसकी मां की गोद में देना चाहिए।
- चाहिए। मां उदे। मां उदे पुत्र का बहाव ठीक होता है और चित्रु को गर्मी मिसती है। इससे पूत्र का बहाव ठीक होता है और चित्रु को गर्मी मिसती है। इससे मां और चित्रु के बीच भावनात्मक संबंध विकसित होता है। शिम्रु पहले 30 से 60 मिनट के दौरान स्वतिक्रिक संक्रिय रहता है। उस समय उसके चूसने की ग्रावित सबसे अधिक रहती है।









ATTENDANCE LIST

Seva Mandal Education Society's Smt Sunanda Pravin Gambhirchand College of Nursing List of Students 4th Year Basic B.Sc. Nursing 2020-21

SR NO	NAME OF THE STUDENT	Sign
1	ANJU MARIMUTHU SELVI	Oniv
2	ANSURKAR VAISHNAVI HARISH	Mary
3	BADAD TEJASWINI SANTOSH	Asha.
4	BHAGAT YOGITA KAILAS	Oghagat
5	BHOSALE PRACHI NITIN	- 0
6	BORAGE EKTA ARUN	Orbege
7	DORKHADE SIDDHI VILAS	Stoteal
8	GAIKAR AMISHA ANANT	Augo
9	GHARAT VAIBHAVI VIJAY	(Barbler)
10	GITE SANGEETA LAHU	Sayar -
11	JADHAV PRANALI RAJENDRA	Richard
12	JAGTAP KIRTI ROHIDAS	ager
13	JOSHI DEEPIKA VILAS	Dorla
14	JUMARE SAKSHI SURESH	Lalenhi
15	KHANVILKAR SWETA VASANT	Total-
16	MORE KARUNA DEVANAND	(Bar
17	MANE DIVYA SARJERAO	Dswine
18	MHATRE ANKITA GANESH	Amhatz.
19	MHATRE SHRADDHA DHARMAJI	Shaheds.
20	PALVE ASAWARI RAMDAS	3) Palve
21	PANSARE KAJAL SADANAND	10/01
22	PATIL PRAGATI LAXMAN	(R)
23	PAWAR JAYSHREE PANDURANG .	Gaer
24	PHALE PUSHPAL JANARDHAN	Poplale :
25	POTBHARE MANISHA SANJAY	Monisha,
26	RANE MANSI MAHESH	May
27	SAWANT PRACHITI SURAJ	Jan.
28	SHAIKH MISBAAH BADSHAH	Wisters.
29	TALEKAR DEEPA KHANDU	Telegon 1
30	YERAM YOGEETA SADANAND	Yerans:
31	KADAM PRANAYA KIRAN	Pranaya.

	_
AROLKAR ANKITA RAMDAS	Anlete
BELAVALE APEKSHA GANGARAM	Ramber
KARAMBELE RACHANA HARESH	Raveble
KAWALE TANMAI RAVINDRA	Ravale
INGOLE VISHAKHA KAILAS	
PASI SHARMILA	Bount a
PATIL SHRADDHA VASANT	# di
PATIL REVATI ANIL	Polit
SHAIKH AAYSHA AKHTARHUSSAIN	Ageties
SONAWANE SHRADDHA DASHRATH	Columb
	KARAMBELE RACHANA HARESH KAWALE TANMAI RAVINDRA INGOLE VISHAKHA KAILAS PASI SHARMILA PATIL SHRADDHA VASANT PATIL REVATI ANIL SHAIKH AAYSHA AKHTARHUSSAIN







SYANM 2nd year

1) Ankita Adit dulait 2) Anusaya Bait - May 3) Vaishell Barnsode VIELDY. 4) sonita Bhoye - Chapter 3) Swapnali Bhuvad - Sund 6) punam chaudhri - Chrudhri 7) 8) Sueetche Deende - Bande 9 Sneha Dhumak - sahumak 10) Asha Good - Good. 11) Komal gupta - Bu 12) Dipti Heman - OHemain 13) Amerapali Jadhar - Asadhar 14) 15) Pooja Janzao Flancolo 16) Dikeka kadom- mbbels 17) Vaijanti Kuchem - (des 18) Anchal kanosiya - Auchal 19) Priti teaste - quity 20> Bheigyashree Kesarker Bresulu 21) Shweta Khedaskar Shurg

22) Vedika Maheshwar Koli Dobs

23) Prochi Lakhan por

24) Raying Mharks Populate

26) Riya Yadan - Riya 27) Rohini Parab - Riya 28) Rrest? Pachak - Rist 29) Chaitali Pahil - Carita-30) Kavita Pahil - Ratio 31) Roshani Patil - Ratio 32) Poranali Pawar - Ratio 33) Swapnali Pawar - Ratio 34) Afra Shaith - March 35) Naind Yadan - March 36) Siddhi Tandel - March 37) Pooja Tembe - Paramhe. 38) Priya Pandit - Priya